

**March**  
**2008**

# F.O.P. NEWS

**Committee: Rhonda Bullock, Chairman**

**Gerry Majerczyk**

**Bill Burns**

*Official Publication of Chicago Lodge No. 7*



FOP, Chicago Lodge 7  
1412 W. Washington Blvd.

## Lodge Election Information

Ballots for the election of Lodge officers were delivered to the post office on Friday, February 22nd. Your ballot should have already arrived at your home. On-site voting will take place between 9 a.m. and noon on Friday, March 14th, for members who have not received a ballot and for those who spoil their ballots. No replacement ballots will be mailed.

The ballots will be picked up at the Haymarket Post Office on Friday, March 14th at 8 a.m. The entire process will be open to any member. The Election Committee retains the right to restrict access to a reasonable number of observers.

It is important that you participate in the election process. Please vote, and return your ballot as soon as possible. Ballots must be returned via U.S. Post. **Do not use Police Mail and do not hand deliver your voted ballot.**

## Tax Info

**It's that time of year again!**

**Union dues paid for the year 2007:  
\$426.00**

## President's Report, By Mark Donahue

### Negotiations

There has been an increase in the negotiation sessions during the months of January and February which has resulted in what can be considered non-substantive progress in most subcommittees. We have delivered the message at the Core Group meetings in both months that we are not going to negotiate forever without substantive progress and that our objective is to negotiate a contract that can be sent to the membership for a vote. A highlight to the process occurred at the Core Group meeting on February 13<sup>th</sup> when for the first time the Superintendent of Police actually sat at the table to give us his ideas of what he would like to see take place during these negotiations. Jody Weis's overriding message to both sides of the table was one of fairness. His message also contained many of the concerns that he has addressed on the "tour" of talk shows that he has been invited to lately as he gets his

message out to the public. His interest in the contract talks is viewed as favorable in our quest to negotiate a contract that can be sent to the membership for a vote.

### Legislation

At the direction of the Legislative Committee we have re-presented three of our bills to the 95<sup>th</sup> General Assembly to further clarify our positions. The issues that now have new bill numbers are HB4816/SB2066 which is the Pension Portability bill, HB 4817/SB2067 which is the 3% compounding of the COLA bill, and HB4818/SB2068 which is the Health Equality Bill which states that retirees don't pay more than active officers for their retiree health insurance.

We are monitoring a growing movement in Springfield to do something about the claimed high costs related to Defined Benefit Pension programs. A Defined Benefit Plan is what we in Chicago enjoy in that you know what you will receive from the date

you retire. The Illinois Municipal League is starting a movement to replace this type of plan in favor of a Defined Contribution Plan in which your annuity is based upon how well the investors did with your pension contribution. The movement by the Municipal League to address the shortfalls and attack on the funds has been underway for years but now they have concentrated their efforts on this issue.

Also on the subject of pensions, last month I reported about a Pension Commission that the Mayor had put in place to address the funding levels of the four City pension funds and how representatives of the Police and Fire unions were conspicuously left out of the mix. The letter that was sent to the Mayor, which was included in the February Newsletter, contained a demand for the Lodge to have a position on that Commission. On February 7<sup>th</sup> I got a call from the Mayor's Intergov-

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## President's Report Continued...

ernmental Affairs Office confirming that I had now been placed on the Commission. This Commission has its first meeting February 29<sup>th</sup> and the name has been changed to the "Commission to Strengthen Chicago's Pensions" [CSCP] which is the Commission's ultimate goal. The Commission may partially meet its objective when a deal for the lease of Midway is awarded. Based upon the projected bid that was publicized last week, the Chicago Pension fund could gain enough revenue to increase its funding level by about ten percent. This is due to the part that organized labor played in formulating the legislation for the lease. A joint effort by Chicago Unions required that 45 percent of the proceeds must go toward increasing the funding of the four City pension funds.

On the 31<sup>st</sup> of January, one day before he took over as Superintendent, I met with Jody Weis for an hour and a half. We discussed an array of issues that impact the Lodge and the Department but overall we centered on the low level of morale coupled with the media feeding frenzy; manning and numerous other issues. Supt. Weis expressed a sincere desire to address the issues that are important to the membership and wanted to learn more about them. He informed me that he would be doing so by going out to the districts both at roll calls and during the tours to meet with the membership and to basically learn first hand what the men and women want and need. After having spent over eight hours at the Police and Fire Committee hearings and at the City Council Confirmation hearing in January, it was clear to me that

he needed to know more about the operations of the Department before he made any changes that the Aldermen were asking him to do. It was also made clear that he didn't want any changes made until he got here and saw things first hand for himself. Unfortunately there were several changes made that appeared to be done with the intent of pleasing the new boss. That was apparently not the case and those changes have been addressed. Let's judge Supt. Weis by what he does from February 1<sup>st</sup> on and not by what others did in his name before he got here. My feeling is that we have reason to be "optimistic" [often a dirty word in Law Enforcement lately] over this appointment and time will tell.

On a side note the new Superintendent got quickly acclimated to the Chicago media by addressing his feelings about a 12 hour work schedule with them. As we have had a long standing agreement with the City not to negotiate in the press, it caused many of our members to call both for and against the issue even though this schedule has never been proposed by the Lodge or the City. If it appears as a City proposal, the Lodge will address it by posting it on our website and negotiating at the table over it.

One issue that we are addressing with the Department is that of the enforcement of the 48 hour rule when charging a defendant. The Lodge and our attorneys have a different interpretation of the court cases surrounding this issue than what the Department put out in a revision of

G.O. 02-03 and this discussion is ongoing. This issue is addressed in this newsletter further on.

### FLSA Progress

On February 21, 2008, our FOP in-house lawyers secured an injunction against the City of Chicago in our ongoing lawsuit to force the City to comply with the Fair Labor Standards Acts ("FLSA"). This injunction has to do with your use of FLSA compensatory time. Here are the highlights: First, the City has been ordered to revise its time due slips and have new slips in use by March 31, 2008. The injunction will take effect the following day. When an officer requests to use FLSA comp time, the City must grant any request made so long as the request is made no less than 48 hours prior to the shift for which the time off is requested. If the Department decides that a replacement sworn member is needed, the Department must seek a replacement worker. Officers requesting FLSA time off may propose names of replacement workers and the Department must consider those individuals.

The Department can deny the use of FLSA compensatory time if, and only if, it reasonably and in good faith anticipates that granting the request would impose an unreasonable burden on the Department's ability to provide effective police service or would endanger a sworn officer's safety. The Department has been ordered by the Court to provide a written explanation of any denial – no more denials based on "manpower;" no

more returned slips. All denials must now be documented. Finally, the need for the Department to pay premium pay (time and one-half) to attract a replacement worker cannot provide a basis to deny compensatory time off.

Our lawyers have been given the right to conduct periodic audits for one year beginning April 1, 2008, in order to ensure full compliance with the injunction. The City has not yet indicated whether it will appeal the trial court's ruling. We will keep you apprised of all future developments.

### Lodge Election Nonsense

On January 15<sup>th</sup> at the Election Committee Meeting, where the candidates for office were gathered, the Secretary was served with charges against me by two retired members of the FOP alleging that I had violated my duties and responsibilities as President. These charges were brought without being made under oath as is required and the accusers refused to do so when it was brought to their attention at a Special Committee Hearing that was formed to address those charges. Based upon their refusal to sign the affidavit, the charges were recommended to be unfounded to the Board who adopted the recommendation at the February Board Meeting. Also in the recommendation were included charges that these two members brought against the entire Special Committee in that they alleged that the members had also violated their Duties and Obligations and, after the accusers again refused to attest to the allegations, these charges too were recommended to be unfounded in the same vote.

## 1st Vice President's Report, *By Bill Dougherty*

### The Mission Beyond The Memorial

Occasionally I receive phone calls regarding what is going on with the payroll deductions that officers contribute to the Chicago Police Memorial. The question asked most of the time from officers is, "Where is the money going now that the memorial is built?" That is where the Mission Beyond the Memorial comes in. In my position at the Lodge I talk to many officers that have problems that in the past have fallen through the cracks because there is no funding to help these officers. The list below has been approved by the executive board of the foundation to help officers and their families in need:

- The Foundation is offering tuition assistance for grammar school and high school for children of officers killed in the line of duty. The 100 Club covers college for children of officers killed in the line of duty.
  - The Foundation is offering tuition assistance for grammar school, high school and college for children of officers catastrophically injured in the line of duty.
  - The Foundation is offering a \$1000 education expense grant for all children of police officers killed in the line of duty and also for officers catastrophically injured in the line of duty each school year to cover miscellaneous expenses.
  - The Executive Board has also approved payments for health insurance premiums for officers who are terminally ill.
  - The Foundation has also assisted officers families where an officer committed suicide. This is a work related problem that happens far too often in our line of work.
- Since the death benefit was approved in July 2007, the Memorial Foundation has paid out \$27,000.00 to the families of eleven active police officers who have died.
- The Executive Board also approved that payroll contributions **will not** be used to cover the operating expenses of the Foundation. Anyone having any questions concerning the Foundation or wishing to volunteer for various occasions please call the foundation at (312) 499-8899.

### Upcoming Health Fairs

017<sup>th</sup> District- April 7—9  
006<sup>th</sup> District- May 28—30  
020<sup>th</sup> District- July 21—23

Interactive Health Solutions will be offering health screenings at the above listed locations. These tests are more comprehensive than those given during a typical visit to your physician. The entire testing takes about thirty minutes of your time.

To schedule an appointment for yourself and/or eligible family members (age 18 and above), call 1-800-840-6100 between 8:30am and 5:00pm, Monday through Friday. This is covered under the Wellness Program for active officers. Costs for our retirees are greatly reduced and can be obtained by calling the above listed number.

## 2nd Vice President's Report, *By Frank DiMaria*

### FOP Vest Safety Day

On 14 February 08 the FOP hosted its 1<sup>st</sup> Vest Safety Day where we had contacted 12 Soft Body Armor Companies who came out to the Hall and set up displays with the latest models and technology of soft body armor. We had not hosted an event like this before and didn't know what to expect but we advertised the event and waited for the results of our planning. The day arrived and we opened the doors at 0900 hrs. The Officers arrived at the Hall and went from table to table examining the different brands and models which were available. During the course of the day over 300 of our members took advantage of this event which the Lodge provided. The next FOP Vest Safety Day will be

scheduled in February 2009. I would like to thank the following Soft Body Armor Companies who participated in this event:

Armor Holdings  
ESG Safety Equipment  
Galls  
J & G Uniform  
Kale Uniform  
Lifeline Armor  
MSA Safety Company  
Protective Products  
Ray O'Herron Company  
Shore Gallery  
Streicher's  
US Armor

### Uniform Resale

The Lodge will host the Spring Uniform Resale on 16 April 08 at the Hall from 1300 hrs until 1800 hrs. Officers from across the city will be displaying slightly used uniform items which will be sold at a discounted rate. Officers with spring inspection around

the corner and with the constant epidemic of closet shrinkage take advantage of this event to either update your uniform or sell that slightly used item to pick up a little extra cash.

### Firearm Safety Reminder & FOP Firearm Safety Days

Semi auto pistols require additional care and maintenance frequently depending on the exposure to the elements. Manufacturers recommend cleaning and lubricating these handguns. They also recommend that these weapons be inspected annually by a factory authorized technician who will strip, clean and inspect these weapons. The Lodge annually hosts a Firearms Safety Days where this service is provided at no cost to our members. We learned from

one of our members, while having his weapon inspected at a past Firearms Safety Day, by Firearm Manufacturer Representative who recommended that the magazine and recoil rod springs for semi auto pistols should be replaced every five years at a minimal cost of approximately \$25.00. An ounce of preventative maintenance could make the difference during a critical moment.

The Lodge will be hosting the next Firearms Safety Days on 10 & 11 June 08 at the Hall from 0900 hrs until 1700 hrs. There will be representatives from all the approved firearm manufacturers who are on site to conduct safety inspections of our member duty related weapons.

## Treasurer's Report, *By John Capparelli*

### Tax Time

You may have seen, in previous issues of the Newsletter, the tax information box, which states that active officers have paid \$426.00 in union dues for the year 2007. If you took every check stub and added the union dues you would come up with \$450.00. The \$24 difference is because one dollar of every check goes to the Legal Defense Fund. So when you, or your accountant, are processing your income tax forms, use the \$426.00 amount for union dues.

### 2007 Audit

The audit of financial records for the year 2007 is completed. The results will be published in a future issue of the FOP Newsletter. As always, the books will be open for members to review.

### Life Insurance Review

Please see page 8 for a complete listing of the life insurance benefits available to all members of the Lodge. Our advice is that you should save this issue or just page 8 and put it in your important papers file.

## Event Honoring Former Detective Mike Herbert

Loyola Academy has chosen to dedicate the Press Box in its new football stadium to the memory of Mike Herbert, who served 36 years in the Chicago Police Department.

A party in Mike's honor will be held on

**Friday, April 25, 2008**

From 5:00 pm until Midnight

### FOP Hall

1412 W. Washington Blvd, Chicago, Illinois

Please save the date! Further details will be published in the next Newsletter and also posted on the website, [www.chicagofop.org](http://www.chicagofop.org)

## Annual Pre-ACT Exam Offered At The F.O.P. Hall

The best preparation for the ACT Exam is a solid academic high school curriculum. However, in our competitive academic environment, students must also have test "SMARTS." Statistics have shown that the students who have had preparation in testing strategies, practice testing, test format and test instructions, substantially outperform others. The COLLEGE VISIONS STRICTLY STRATEGIES workshop that will be offered at the F.O.P. Hall focuses on these important test strategies and techniques.

By mandate of the State of Illinois Department of Education, all public and private high school juniors will be required to sit for the ACT Exam this April. By attending this workshop and taking a practice ACT Exam, your child will have a week or two to become more prepared in certain areas where they may not have tested as well as they would have liked, prior to the ACT being offered at their particular school. In an effort to prepare the children of "F.O.P., LODGE #7" members for this very important exam, the F.O.P. has invited

COLLEGE VISIONS to conduct their workshop for the daughters and sons of F.O.P. members. This workshop will be offered on Sunday, April 6, 2008 from 1300 - 1600 hours and will be held at the F.O.P. Hall, 1412 W. Washington Blvd. This program usually costs \$50.00 or more. The cost for the children of the F.O.P. will only be \$25.00 per child.

The presenters of this program are knowledgeable and experienced educators. They have prepared thousands of students in the Chicago area to be "test smart." The Lodge

encourages you to involve your child in this program. If your child only picks up one or two items that assist him/her in taking the ACT Exam, it is to his/her advantage.

There is limited space available at the F.O.P. Hall, so please complete the application and send it, along with a check or money order for \$25 made payable to College Visions, by Friday, March 28, 2008.

Ensure that your child has a seat at this important educational event that might very well effect his or her future.

## College Visions, ACT WORKSHOP, Strictly Strategies

### Session Time:

Sunday, 4/6/07  
1:00 pm – 4:00 pm

### Location:

Fraternal Order of Police, Lodge No. 7  
1412 W. Washington Blvd., Chicago, IL 60607

### Registration Fee:

\$25.00

**Please return this registration form and your fee (cash or check payable to College Visions) to Kathy Moore at F.O.P. Lodge No. 7, by Friday, 3/28/08.**

Name: \_\_\_\_\_

Address: \_\_\_\_\_/City \_\_\_\_\_/State \_\_\_\_\_/ZIP \_\_\_\_\_

Phone: \_\_\_\_\_/Year In School: \_\_\_\_\_/Cash: \_\_\_\_\_/Check: \_\_\_\_\_



## Third Vice President's Report, By Greg Bella

### 48 Hour Rule

The Chicago Police Department has decided that the ability to defend itself from lawsuits is more important than the safety of our communities. Police officers have once again been handcuffed by the City and the "bad guys" emerge as the victors. The Department issued a revision to General Order 02-03 in which it amended the order to state, "Every person arrested without a warrant...will appear in court, without unnecessary delay. Under no circumstances, will such a person appear in court any later than 48 hour from the time of arrest." The order goes on to state that the revision is a "continuing commitment to comply fully with the U.S. Constitution as interpreted by the U.S. Supreme Court."

That statement is patently false. The City has either misinterpreted the law, or even worse, is simply attempting to deceive its members with this order. The Supreme Court never said that an arrestee **must** appear before a judge within 48 hours of arrest. The law requires that an arrestee appear before a judge within a reasonable time. The Supreme Court stated years ago, and the law remains unchanged, that if an arrestee does not receive a probable cause hearing within 48 hours, then the burden of proof shifts to the government to demonstrate the existence of a bona fide emergency or other extraordinary circumstance. There are many, many examples of cases that have gone to court and survived various motions despite the fact that the detention exceeded 48 hours. The

courts understand that a detention in excess of 48 hours may be permissible based on the circumstances surrounding the detention. The Chicago Police Department does not get it.

When confronted by the Lodge with the fact that the United States Supreme Court has **never** ruled that *all* arrestees must be released prior to 48 hours, the Department quickly changed gears and stated that it was the Illinois Appellate Court that made the ruling. Once again the City is incorrect. The Court, in Lopez v. Chicago, ruled that the government did not satisfy its burden for holding the arrestee for five days in that case. The City has somehow interpreted that ruling as imposing the aforementioned order banning a detention beyond 48 hours under any circumstances. The Lodge pointed out to the City that Lopez in no way impacted the U.S. Supreme Court's rule that a detention can in fact exceed 48 hours as long as the government can justify the delay. Once again the City shifted its position and pointed to language from the Appellate Court in Kyle v. Patterson, which said that police officers could not use the excuse that the delay was caused by them waiting on the states attorney. Not only does that case fail to make 48 hour detentions a firm rule, as the City wants you to believe; the most stunning aspect of the Department's ignorance of the law as it pertains to this issue is that the language from which the City is quoting as apparent support for its position, is language used in a **dissenting opinion**. It means nothing. Even if it

said what the Department claims it does, the language has no binding effect because it is simply an opinion.

The genesis of the original G.O. came after an Illinois Appellate Court case, People v. Willis, 2002. In that case, the Illinois Appellate Court held that the exclusionary rule applied to a statement garnered after 48 hours. **This case has been reversed.** The Illinois Supreme Court subsequently ruled that the Court needs to consider the totality of circumstances surrounding the prolonged detention. A detention beyond 48 hours does not automatically invalidate an arrest, as the City has interpreted.

It is a sad day when a community's interests are sacrificed

by its own police department. The Chicago Police Department can implement a stricter standard to the arrest procedures if it so chooses. However, when it points the finger at the Supreme Court and blames the Court for creating the policy when in fact it was the Department's own decision to implement the policy because of its fear of civil suits; the Lodge believes that the truth must be exposed. The Lodge will not allow the Chicago Police Department to hide behind the court in this case. The decision to implement the order is squarely on the Department and the motivation behind the decision \$tink\$.



### 2008 Annual St. Patrick's Day Party *Featuring The Music Of The Katie Sullivan Band*

Saturday, March 15, 2008  
6:00 pm—11:00 pm

**Fraternal Order of Police Hall**  
1412 W. Washington Blvd., Chicago, Illinois

**\$20 Donation**  
*Includes Harrington's Corned Beef  
Refreshments & Entertainment*

*For more information or to purchase tickets for the party,  
please contact the Gift Shop at 312-733-2344.*

*Don't forget to visit the FOP Gift Shop which will be open during  
the party and with lots of fun "Irish" stuff to make the party more  
fun! All on sale too...*

## Recording Secretary's Report, *By Sidney Davis*

### 2008 FOP Fishing Tournament

Hey Anglers, it's almost time to fish. You can find an application for the FOP 2008 Fishing Tournament on the back page of this Newsletter. Plans are under way to make this the best Fishing Tournament ever. Frank and I ask each member who has fished with us in the past to contact another fisherman (who has a boat or can get one), asking them to participate in our fishing tournament. A prize will be given to the person who brings a new boat (have never fished with us before), into the tournament. We provide music, refreshments, food and prizes (one per boat), not to mention cash for the top ten (boats) anglers based on weight of the fish to include the largest fish. A cash prize (large fish) is also provided for children fishing with a parent. Location will be the Chain of Lakes near the Wisconsin Border on Wednesday, May 21, 2008 (DOG 2/3/4). There will be a barbecue at the weigh-in with beer and soft drinks from 1400 hrs until 1630 hrs. **NO PRO FISHERMAN ALLOWED.** Individuals found to be Pro Fisherman will be disqualified. Starting time is 5am – with all boats in by 1430 hrs. All fish must be caught on the Chain of Lakes waters between the Wisconsin Border and McHenry Dam. Two (2) fisherman per boat, **one must be an FOP member.** Looking forward to seeing all past anglers come out and enjoy a day of fishing and story telling.

### Watch Bids

On March 5, 2008, watch bidding may occur in dis-

tricts and units. Section 31.5 (filling of vacancies) covers watch bidding. If and when the Employer decides to fill a recognized watch vacancy by bid, such vacancy to be bid shall be posted on the seventh calendar day (Wednesday, March 5, 2008) of the Third Police Periods and shall remain posted for seven (7) calendar days (Wednesday, March 12, 2008) from the day of posting. Members who are newly assigned to a unit may be placed on a watch at the Employer's discretion until such time as the member accepts a management position or is able to bid on a vacancy.

### Ambulance Service

Last month I reported on Ambulance Service (Section 25.3 – Agreement between FOP and the City) and spoke about Active members and their dependents. This month I am reporting that retired members are also covered under a General Order through the Fire Department (General Order 93-005). This order states that after initial emergency treatment has been administered, and if medical conditions permit, the member or his/her immediate family member may be removed to an approved hospital of the member's choice. Such request shall be made by the member only. Retired fire and police personnel will be given the same consideration as an active member. Exception: Immediate family of retired fire and police personnel is defined as member's spouse only. If a member receives a bill for ambulance transport, (Special Directive 95-010 / Fire Department), he/she must submit a copy of their department identification card and identify his/her city position (i.e., title,

rank, badge number, file number) in a brief statement to the Department of Revenue. The member is to indicate whether the cause for transport was an on duty or off duty illness/injury. When the patient is an eligible dependent, the department member is to identify his/her city position and proof of dependent relationship, (i.e., birth certificate, marriage license) in a brief statement to the Department of Revenue. The bill and department member's statement of identification are to be mailed to: **Ambulance Bills - Benefits Office – Room 400 - 333 S. State Street - Chicago, Illinois - 60604.** Retired Chi-

cago Lodge 7 members who experience trouble having bills paid are to contact FOP.

### Daylight Savings Time

It's that time of the year again; on March 9, 2008; don't forget to set your clocks ahead 1 hour.

### Military Reservist

Lodge members who are active reservists should contact me when activated for any type of training or missions including Annual Training, ADT Orders, ADSW Orders, Deployments Overseas. The current military deployment handbook is being revised.

## Deceased Brothers & Sisters

Thomas J. Schmidt, Age 58  
John E. Naughton, Age 92  
Victor W. Madrecki, Age 81  
John Alagna, Age 75  
Brian Mitchell, Age 44  
James A. Gage, Age 70  
Robert A. Noonan, Age 85  
Michael J. O'Connor, Age 57  
Daniel J. Conroyd, Age 49  
Thomas J. O'Callaghan, Age 63  
Leo J. Mikol, Age 86  
Robert J. Brogi, Age 58  
James L. Swank, Age 70  
Vito M. Orseno, Jr., Age 71  
Michael J. Jamen, Age 71  
George P. Schimmel, Age 72  
John A. DiMaggio, Age 74  
Reinaldo C. Jimenez, Age 68  
Harry Kent, Age 83  
Jesse J. Buttry, Age 78  
Michael J. Keas, Age 59  
Edward C. Jablonowsk, Age 81

## Police/Fire Hockey Game

On Saturday March 15<sup>th</sup>, 2008 @ 9:00am the FOP Stars hockey team is facing off against the CFD hockey team. Tickets are \$5.00 each and are available at the United Center Box Office. Children 12 and under are free, but must have a ticket to enter the building. Enter through gates 2, 3, 4, 6 or 7. Doors open at 8:30am. Parking is available in lots C and K. Donations to benefit the FOP Disability Fund and the charity of the CFD hockey team.

## Who Loves Ya, Office?, By Father Tom Nangle

\* The four Chicago police officers went down for lunch somewhere in 010, and took their usual spot in back, far away from the maddening crowd, which was nothing but potential problems and interruptions. A man approached their table. He was dressed like a working class stiff. The four officers didn't flash flight attendant smiles. And the working man knew that he was intruding into their half-hour, so he simply said, "Hey guys...I was a Marine. Just wanted to tell you I appreciate everything you do. Thanks. Stay safe." They said thanks (not "You're welcome") and he left. When it came time for the bill, they found he'd picked up the tab. It happened to these four officers twice in two weeks. They never saw

him before or since.

\* We were waiting at the hospital for the injured police officer to come out of x-ray, and a great conversation started with some good police, whom I haven't seen in a long time. I asked them if they were still having fun. (This is not a good question to ask coppers who are burned out, I've learned). Their instant grins answered the question. The sarge told me how he finds this to be a very good job, with challenge and meaning woven in. The other PO told me he was working foot patrol and how much he enjoyed it. My cynical mind thought it knew why. He re-shaped my thinking with his observations. He said he's learned (on foot) that people actually like the police and are glad to see the police on foot patrol. These are the good people, naturally.

"People actually talk with you. They initiate the conversation. You don't realize what a barrier that squad car is with its closed windows. So I roam and talk and patrol...I like it. A lot of foot guys give out their Cel numbers, but I don't; they tend to rely on you too much. What if I'm RDO or on furlough? Call 911, I tell them. The bad guys don't expect to see you. They're watching for the blue and whites or the tac cars, and here I am, in full costume, and I walk right up on them. Surprise! And you can tell you're preventing crime, too. You can see them scouting out a victim for their scams and schemes, then they spot me and it's 'mission aborted.' I'd rather prevent it than grab them after the fact, 'cause this way you're preventing a victim. You meet a lot of differ-

ent people." Like who, beside Mailbox Marilyn? "The homeless get my attention. I treat them good, help them out. Some are gang bangers. I ask them, 'Hey---what happened to your pension plan?'" \* The "band of brothers" was a term, I think, for the 101<sup>st</sup> Airborne's E Company, 506<sup>th</sup> Regiment. They parachuted into Normandy in the darkness of night, fought their way into France, and took a heroic stand in freezing weather at Bastogne. In the face of very bad odds and a very uncertain (but eventually successful) outcome, their rallying cry was, "They got us surrounded. Those poor bastards."

Respectfully,  
Fr. Thomas Nangle, Chaplain

## Fitness For ... "Our Finest"

It's March! And since spring is around the corner, and in the spirit of **St. Patrick's Day**, let's think "green" and eat some healthy green vegetables; Spinach, broccoli, beans, lettuce, & green apples. A couple of green beers on March 17<sup>th</sup> is OK too!

**CARDIO/AEROBIC Exercising at Home** - As Police Officers, active and retired, your need for endurance, good circulation in your legs, and being alert is so important in your performance. You're often standing on your feet, sitting in your patrol car, walking and also need that ability to run. That is why 3-4 times/week, you need cardio-vascular exercises. Some of the key benefits are: Increase energy, decreasing high blood pressure, enhance your ability to sleep, and strengthens your heart. Also, it strengthens your feet, legs and increases your

lung capacity.

At home, you can run/walk outside, ride a bike, go up/down your stairs, and jog-in-place. You can purchase a (new or used) Treadmill or Elliptical machine to further aid you in your cardio workouts. However, walking/running outside costs nothing, and you can do this, 8 to 9 months of the year. It's important to keep hydrated, drinking water before, during and lots of water after your workout.

How intense/fast should I be going, you ask? Start out slow (warm-up) for 5 - 7 minutes. If you have high blood pressure, your warm-up needs to be at least 10 minutes. Then spend 15 - 20 minutes at a moderate or higher level, then back down to 5 - 10 minutes of a cool-down. While you're doing your cardio exercises, you always need the ability to hold a conversation. This is referred to as the "talk

test". If your breathing is too labored, and you cannot talk, then please slow down. Over time, you can increase your distance and resistance.

### **WEIGHT LIFTING (Resistance Training) at home**

- There are 12 Major Muscle Groups you should exercise for an effective "total body" workout: Calves, Thighs, Hamstrings, Hips/Butt, Lower Back, Stomach, Chest, Upper Back, Shoulder, Biceps, and Triceps. Your biggest muscles groups burn the most calories, which are the Thighs (Quads) and Glutes (Butt). These will aid you the most in your standing, walking and running, so focus on these more.

The # of repetitions should be 15 - 18 reps, each rep. should take 4 - 6 seconds (not 2 seconds like most do incorrectly). Please slow down. The # of sets you want to aim for over time is 3 sets of an exercise, and please

rest 30 to 45 seconds between sets. How much weight should you be lifting both men and women? That's easy, your muscle should start burning (muscle fatigue) around the last 3 - 4 reps. If, you don't feel a burn, the weight is simply too light, if the burn occurs too early, then the weight is too heavy. Pay attention to the "burn" rather than how much weight you are lifting. You should slow down your repetitions, then you can lift less weight, but gain more muscle and definition, and reduce the risk of injury.

Thank you, all. If you have any questions or suggested topics, feel free to call or write me. Cell # is 312-972-2828 or (office) 773-857-7027, and my e-mail is jccullen@ CertifiedHealthFitness.com. Or visit the website: CertifiedHealthFitness.com

## Chicago Lodge 7 Updated Life Insurance Benefits

### Active Members (Below Age 63)

<b>\$3000</b>	<b>Life</b> benefit is paid when an active member dies from any cause.		
<b>\$3000</b>	<b>Accidental Death</b> benefit is 24 hour coverage - business or pleasure. This benefit pays when a member dies from a sudden, unforeseen, and unexpected event including exposure or disappearance		
<b>\$5000</b>	<b>Line of Duty</b> benefit is defined as a “covered activity” and will pay in addition to the Accidental Death benefit when a member is killed while performing law enforcement duties.		
<b>\$3000</b>	<b>Common Carrier</b> benefit is paid in addition to the Accidental Death benefit if a member is killed while riding on a qualifying land, air or water transportation.		
<b>\$1500</b>	<b>Felonious Assault</b> benefit is paid in addition to the Accidental Death and Line of Duty benefits when a member’s loss of life results from use of force equivalent to a felony under the jurisdiction in which the accident occurred.		
<b>\$3000</b>	<b>Seat Belt</b> benefit pays in addition to other applicable benefits if a member is killed as a result of an automobile accident while properly utilizing a seat belt, as evidenced by a police report.		
<b>\$3000</b>	<b>Occupant Protection Device</b> benefit pays in addition to other applicable benefits if a member is killed as a result of an automobile accident while protected by a properly deployed air bag. This benefit is only paid if the Seat Belt benefit is payable.		
<b>\$3000</b>	<b>Heart &amp; Circulatory Malfunction</b> benefit pays in addition to other benefits if a member suffers a covered loss of life due to a heart or circulatory malfunction within 48 hours after participation in an emergency activity. Also, up to \$250 of medical expenses will be reimbursed for initial treatment of the symptoms for a suspected heart or circulatory malfunction.		
<b>Additional Benefits</b> are paid when a member is involved in an accident that directly results in one of the following losses:			
* Loss of Hands or Feet	\$3000	* Reattachment of Hand or Foot	\$1500
* Loss of Hand or Foot	\$1500	* Loss of Speech	\$1500
* Loss of Thumb and Index, same hand	\$750	* Loss of Hearing (both ears)	\$1500
* Paraplegia	\$1500	* Loss of Sight, both eyes	\$3000
* Quadriplegia	\$3000	* Loss of Sight, one eye	\$1500
* Hemiplegia	\$1500	* Uniplegia	\$750

### Retired Members

<b>\$3000</b>	<b>Life</b> benefit is paid when a member dies from any natural cause. (Members under the age of 63)		
<b>\$1000</b>	<b>Life</b> benefit is paid when a member dies from any natural cause. (Members age 63 to 74 only)		
<b>\$500</b>	<b>Life</b> benefit is paid when a member dies from any natural cause. (Members age 75 and older)		
<b>\$3000</b>	<b>Accidental Death</b> benefit is 24 hour coverage - business or pleasure. This benefit pays when a member dies from a sudden, unforeseen, and unexpected event including exposure or disappearance. (All ages)		
<b>\$3000</b>	<b>Common Carrier</b> benefit is paid in addition to the Accidental Death benefit if a member is killed while riding on a qualifying land, air or water transportation.		
<b>\$3000</b>	<b>Seat Belt</b> benefit pays in addition to other applicable benefits if a member is killed as a result of an automobile accident while properly utilizing a seat belt, as evidenced by a police report.		
<b>\$3000</b>	<b>Occupant Protection Device</b> benefit pays in addition to other applicable benefits if a member is killed as a result of an automobile accident while protected by a properly deployed air bag. This benefit is only paid if the Seat Belt benefit is payable.		
<b>Additional Benefits</b> are paid when a member is involved in an accident that directly results in one of the following losses:			
* Loss of Hands or Feet	\$3000	* Reattachment of Hand or Foot	\$1500
* Loss of Hand or Foot	\$1500	* Loss of Speech	\$1500
* Loss of Thumb and Index, same hand	\$750	* Loss of Hearing (both ears)	\$1500
* Paraplegia	\$1500	* Loss of Sight, both eyes	\$3000
* Quadriplegia	\$3000	* Loss of Sight, one eye	\$1500
* Hemiplegia	\$1500	* Uniplegia	\$750



## Disability Report & Veterans Corner, *By Carlos 'Sal' Saladino*

### Disability Report

The best of health from the Disability Committee. We are available for calls at the FOP office Monday through Friday. Click on the Disability Page link on the FOP web site, [www.chicagofop.org](http://www.chicagofop.org), for beneficial information. Email address: [csaladino@chicagofop.org](mailto:csaladino@chicagofop.org).

**January Pension Board** – Advocates present were Chair Cedric Brumley, 1<sup>st</sup> VP Bill Dougherty, Det Steve Schorsch, Sgt Mike Shemash, Sgt Mike Voight and myself. Disability Claims: *Duty* - 2 continued by officers, 1 continued by the Board. *Ordinary* - 1 granted.

The revised **Policemen's An-**

**nuity and Benefit Fund** of Chicago Chapter 40 Act 5 Article 5 of the Illinois Compiled Statutes has been mailed out to all policemen, which includes disabled, active, and retired.

The Committee has received calls for the address on **reimbursement payment** for prescription drugs related to the disability injury (Section 18.9). Send copies (not originals) to Chicago Police Department, Medical Services Section, Unit 231, ATTN: IOD Unit, 3510 S. Michigan Avenue, Chicago, IL 60653. Follow up with a phone call to 312-745-5000.

**15<sup>th</sup> Annual Police/Fire Hockey Game** – FOP Stars vs Chicago Fire – Saturday,

March 15 – 9:00 am – United Center. Proceeds benefit FOP Disabled Officer Fund.

### Veterans' Corner

**Operation Enduring/Iraqi Freedom** - Our thoughts and prayers go to the CPD members who are actively serving our country in the military.

**Full Mandatory Funding for VA health care system.** Illinois voters were in support: 1.1 million - yes to 77,500 - no. Thank you voters!

**Illinois Tax Return Form IL-1040** – Donate to help our Illinois veterans. Step 10: Donations #28 – (g) Military Family, (h) IL Veterans' Home. Any donation will reduce your refund or increase the amount you owe.

**Illinois Property Tax Breaks** update for returning veterans and disabled veterans Standard Homestead Exemption. Application for Cook County will be available mid to late March. Call 312-443-7550 Cook County Assessor's Office.

**DD-214's** now online. Military veterans and the next of kin of deceased former military members may now use a new online military personnel records system to request documents. Go to web site <http://vetrecs.archives.gov/> for more information.

*"Never, never, never give up." ~ Winston Churchill*

Airborne Sal

## "Keeping Life In Focus", *Compliments of Rabbi Moshe Wolf*

I was out for a ride-along the other night on the west side. The officer driving the squad car pulls into a gas station. He gets out of the squad car and starts chatting with one of the lonely souls standing in front. He takes the man inside, buys him a cup of hot coffee and a sandwich and bids him a pleasant evening. The officer gets back into the car and tells me, "Rabbi, I try to do that regularly because I never want to forget where I came from". I couldn't hide the smile and pride I felt at that moment; it will remain with me for a long time.

Stories like that don't make it to the newspapers but they do make it to G~d's books. It brings to mind the following parable:

There was a blind girl

who hated herself because she was blind. She hated everyone, except her loving boyfriend. He was always there for her. She told her boyfriend, "If I could only see the world, I will marry you." One day, someone donated a pair of eyes to her. When the bandages came off, she was able to see everything, including her boyfriend. He asked her, 'Now that you can see the world, will you marry me?' The girl looked at her boyfriend and saw that he was blind. The sight of his closed eyelids shocked her. She hadn't expected that. The thought of looking at them the rest of her life led her to refuse to marry him.

Her boyfriend left her in tears and days later wrote a note to her saying, 'Take good care of your eyes, my dear, for before they were yours, they

were mine.' End of story.

This is how the human brain often works when our status changes. Only a very few remember what life was like before, and who was always by their side in the most painful situations. The trick is never to forget where we came from.

### Some points to ponder...

- \* Life is a gift - enjoy your present.
- \* Today before you say an unkind word - think of someone who can't speak.
- \* Before you complain about the taste of your food - think of someone who has nothing to eat.
- \* Before you complain about your husband or wife or loved one - think of someone who's crying out to G~D for a companion.
- \* Today before you complain

about life - think of someone who went too early to heaven.

\* Before you complain about your children - think of someone who desires children, but they're barren.

\* Before whining about the distance you drive - think of someone who is not as blessed as you are.

\* And when depressing thoughts seem to get you down - put a smile on your face and thank G~d you're alive and still around.

On behalf of all of your Chaplains, May G~d bless you for being so special, "The Proud, The Few, The Men and Women In Blue".

Compliments of your Police Chaplain Rabbi Moshe Wolf 773-463-4780 or [moshe-wolf@hotmail.com](mailto:moshe-wolf@hotmail.com)

## Financial Secretary's Report, *By Tim Fallon*

### Arbitration & Court Case Updates

We just received an arbitration decision regarding using 6<sup>th</sup> District desk officers for the mail run. The basis of this arbitration comes from an order issued by then ADS Williams. In the order ADS Williams instructed the 6<sup>th</sup> District 3<sup>rd</sup> watch to take over the responsibility for the interdepartmental mail run. ADS Williams did not want beat cars used for the mail run, in the order he issued, administrative personnel and desk people were to be utilized for the mail run. However the 6<sup>th</sup> District commander interpreted the order differently and was using desk officers exclusively to do the mail run. The desk officers filed a grievance, and the Lodge went to arbitration.

In arbitration ADS Williams testified that he had not intended that the mail run be handled exclusively by the desk officers, but that the mail run should be handled by administrative officers and desk officers. His only proviso was that no beat cars be put down to do the mail run. There was no dispute that the mail run was being handled exclusively by the desk officers. This was a decision made by the 6<sup>th</sup> District Commander based on his interpretation of the order, and at his discretion.

discretion.

The Arbitrator denied the grievance. The Arbitrator ruled that the 6<sup>th</sup> District Commander had merely misunderstood the order issued by ADS Williams. The Arbitrator further stated that now that the order has been made clear, and that administrative officers were also to be utilized for the mail run, there should be no problem complying with the intent of the order.

Unfortunately the 6<sup>th</sup> District Commander is still using desk officers exclusively for the mail run. The desk officers have filed another grievance, and if necessary the Lodge will proceed again to arbitration.

### Illinois Labor Board

We have a case at the Illinois Labor Board regarding the Department General Order that requires officers to qualify with their auxiliary / alternate weapon. Basically the order states that if an officer is going to carry a gun off duty he must qualify with the gun and be certified by the Department. The Department wants to ensure that any gun an officer carries is functioning properly, and the officer is proficient with the gun. The Lodge does not view this as a negative move. Quite

the contrary we believe our officers should have more firearms training, the issue is who will pay for the ammunition, and will the training be done as in-service training or on the officer's own time. Additionally will there be discipline if an officer does not comply with the order within the timeframe designated to qualify.

We view this order as a change in working conditions, and therefore a mandatory subject of bargaining. In other words the Department should have negotiated with the Lodge regarding the all the points stated above. It was necessary for us to file an unfair labor practice complaint with the Illinois Labor Board to challenge the General Order. Without the challenge at the Labor Board we would not have been able to successfully challenge any discipline stemming from the General Order. The complaint is being reviewed at this time by the Labor Board, we will keep you advised of the progress.

### Circuit Court

We are currently appealing a decision from the Administrative Hearing Board regarding a retired officer who attempted to register a new handgun with the City. The officer was denied the ability to register the handgun by the City, thereby preventing the officer from taking

advantage of the Conceal & Carry Bill, H.R. 218. This case will be heard by a new division within the Cook County Court System that hears all reviews of the Administrative Hearing Board. If we are not successful in this venue, the Lodge will file at the Appellate Court.

### Federal Court

Refer to the President's Report on page two regarding the FLSA Lawsuit update.

### Al Gutz's Retirement Party

**Saturday, April 26, 2008**

7pm—Midnight

#### Heritage Manor

5540 S. Narragansett  
Chicago, Illinois

Dinner 8pm/Open Bar

\$50 per person

### December 2007 Retirees

Officer Raymond J. Cooley  
Unit 154  
37 Years Of Service

Officer Bridget A. Curry  
019th District  
17 Years of Service

## Website Committee Update, *By Rich Aguilar, Chairman*

### The FOP Online Store

The redesigned FOP Online Store recently celebrated its one-year anniversary. The one-year sales totaled almost \$5000 in sales compared with almost no sales in previous years. This total does not take into con-

sideration those orders that were placed by phone after viewing merchandise online. Members who prefer not to use a credit card for online purchases always have the option to place an order for anything they see online by calling the store at 312-733-

2344.

Online merchandise is updated intermittently. The easiest way to check to see if new merchandise has been added to the online store is to select a merchandise category and select the recently added link at the bottom of the page. This will dis-

play the newest merchandise that has been added to the site.

The Lodge would like to thank all of our online customers. We look forward to serving you in the future.

**HAPPY EASTER, HAPPY SPRING, HAPPY DAYLIGHT SAVINGS TIME, HAPPY ST. PATRICK'S DAY, HAPPY PULASKI DAY...THAT'S A LOT OF HAPPY...SO LET'S HAVE A HAPPY SALE!**

**POLICE SHAMROCK CAP, BLACK OR NAVY, WAS \$8.95—NOW ON SALE FOR ONLY \$4.95**

**ALL POLAR FLEECE PULLOVERS & JACKETS, NOW 20% OFF - INCLUDES THE LADIES 1/2 ZIP IN BLUE & THE ADULT FOP DESIGN 1/2 ZIP IN BLUE - SALE PRICES RANGE FROM \$19.96 TO \$20.76**

**POLAR FLEECE YOUTH SIZES AVAILABLE ALSO - ASSORTED COLORS - FULL ZIP JACKETS - \$14.36 ALL SIZES**

**POLICE FROGS ARE BACK! 10% OFF**

**ALL GLOVES, ALL SIZES, ALL MAKES, 10% OFF**



**STORE HOURS:**

**MON-THURS 9:00 - 5:00  
FRIDAY 9:00 - 4:00  
SATURDAY 9:00 - 1:00  
312-733-2344**

**CLOSED:  
8 MARCH 2008**

**BACK IN STOCK! HOMICIDE & TACTICAL CAPS - STILL PRICED TO SELL AT ONLY \$10.95 EACH!**

**LADIES TANK TOPS - "CHICAGO'S FINEST" - WHITE, AQUA & PURPLE - ALL SIZES - 30% OFF SALE PRICES RANGE FROM \$7.66 TO \$8.36**

**LONG SLEEVE TEE WITH CPD STAR, NAVY BLUE, LARGE THROUGH 3XL, 20% OFF SALE PRICES RANGE FROM \$11.16 TO \$12.40**

**NEW ITEMS FOR ALL OF YOUR ST. PATRICK'S FESTIVITIES:**

**LONG SLEEVE IRISH GREEN TEE SHIRT - ADULT & CHILDREN SIZES**

**FULL ZIP HOODED SWEATSHIRT**

**TEE SHIRT - IRISH GREEN WITH NAVY TRIM**

**COME SHOP EARLY, THESE ARE GOING TO SELL FAST! ALSO, DON'T FORGET THE LIGHT-UP SHAMROCK NECKLACE & BRACELET!**

**TEE SHIRT OF THE MONTH  
"PROPERTY OF CPD - DO NOT REMOVE FROM LOCK-UP"  
30% OFF SALE PRICES RANGE FROM \$8.36 TO**

**ON SALE!  
LONG SLEEVE POLO, BLUE OR WHITE, LARGE THROUGH 2XL,  
SALE PRICES RANGE FROM \$13.95 TO \$14.95**

**MORE NEW ITEMS!**

**SWAT TEAM TEE SHIRT - MED TO 2XL - \$11.95 TO \$12.95**

**SPRING JACKET IN BLACK/ROYAL OR BLACK/TAN - MESH LINING - FULL ZIP - MEDIUM TO 2XL - \$17.95 EACH!**

**TEE SHIRT CLOSEOUT SALE!  
"MY DAD, MOM, GRANDPA OR GRANDMA IS A POLICE OFFICER"  
40% OFF BRINGS SALE PRICE TO \$5.95 EACH!!**

**"GREEN" SALE!  
ALL GREEN BASEBALL JERSEYS WITH GREEN CPD PATCH  
SALE PRICE \$18.95**



**NEW ITEM! IRISH SINGING BEARS - DRESSED AS A LAD OR LASSIE - 22" HIGH  
SINGS "WHEN IRISH EYES ARE SMILING"**

**FOP PRICED AT ONLY \$21.95 EACH  
(OTHER GIFT SHOPS ARE SELLING THIS CUTE LITTLE BEAR FOR \$30.00 OR MORE)**

**LIMITED QUANTITIES! SHOP NOW!**

**Retirement/Promotional Party**

Sergeant Thomas Eich  
Detective Ben Olvera  
Detective Kenneth Bell  
Officer John McKeone

**FOP Hall**  
1412 W. Washington Blvd  
Chicago, Illinois  
Wednesday, March 12, 2008  
1800—2300 hours

For more info, call the 001st District

**The Scandinavian American Police Association's First Annual Benefit**

Tickets cost \$35 each and include an open bar and light food. A percentage of the benefit's proceeds will be donated to The Police Memorial Fund.

**Morgan's, 1300 S. Halsted, Chicago, Illinois**

Saturday, 29 March 2008 from 1900—2300 hours

For more information please contact Craig Ford, President at 312-907-2303.



Official Publication of Chicago Lodge No. 7

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PRESORTED  
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**IS YOUR ADDRESS CORRECT?**  
**IF NOT, PLEASE CONTACT THE LODGE.**

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### **THE ED REINES MEMORIAL FISHING TOURNAMENT**

Fraternal Order of Police, Lodge #7, will be holding its 14th Annual Ed Reines Memorial Fishing Tournament, at the Chain of Lakes, Wednesday, May 21, 2008. All members, active and retired, are invited to take part in this event. There will be a barbecue at the weigh-in with beer and soft drinks from 2 – 4 p.m.

#### **THE BASIC RULES:**

Starting time: 0500 hrs – with all boats in by 1430 hrs. All fish must be caught on the Chain of Lakes waters between the Wisconsin Border and McHenry Dam. Two fishermen per boat; one must be an FOP member.

#### **NO PRO FISHERMEN PLEASE.**

We'd like everyone to have a fun time. Complete rules and location of the weigh-in will be sent out to members making application for the Tournament.

Name: \_\_\_\_\_ Active: \_\_\_\_\_ Retired: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Fishing Partner: \_\_\_\_\_ If youth, age \_\_\_\_\_

Make checks payable to F.O.P., Lodge 7  
Attn: Frank DiMaria  
1412 W. Washington Blvd., Chicago, IL 60607

**Include Fees of:**  
**\$35.00 Per Man**  
**or \$70.00 Per Boat**