September

2008

F.O.P. News

Official Publication of Chicago Lodge No. 7

Committee: Rhonda Bullock, Chairman

Gerry Majerczyk

Bill Burns



FOP, Chicago Lodge 7 1412 W. Washington Blvd.

2009 Union Dues Increase:

Retirees Under The Age Of 75 Pay **\$35.00**

Sergeants & Above Fraternal Membership Pay **\$60.00**

2009 Annual Dues Must Be Paid By 1 November 2008.

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President's Report, By Mark Donahue

Detective Robert Soto

The violence that has erupted in Chicago this summer has not left us unscathed. Detective Robert Soto, a much decorated Brother and his passenger, while parked in a vehicle on the near North side became victims of the rash of violence. Detective Soto will be missed by his family, his extended family in the department and all who knew him. Congratulations go out to the Detectives in A/4 whose extreme efforts to arrest the killers have recently paid off. Shortly after the crime was committed, the Lodge 7 Board of Directors voted to offer a \$10,000 reward for information leading to the arrest and conviction of the offenders. Nothing will bring Detective Soto back, but we can all take comfort in the support that was shown to his family.

Illinois Constitutional Convention

According to Illinois' current Constitution, every twenty years a referendum will appear on the General Election Ballot asking voters the question, "Should a Constitutional Convention be Convened?" This question will appear on the November ballot for all of us to vote on.

It is the Constitution of the State of Illinois which has categorized our Pension to be the highest priority of debt for government. As it is currently written, Illinois' constitution guarantees that pensions promised to retired State and Municipal workers are the first debts to be paid. The Constitution states: "Membership in any pension or retirement system of the State, any unit of local government or school district, or any agency or instrumentality thereof, shall be an enforceable contractual relationship, the benefits of which shall not be diminished or impaired." This means that current employees contributing into the Chicago Policemen's Annuity and Benefit Fund and retirees receiving a pension from the Fund are secure in knowing what their pension will be.

There has been talk recently of rallying voters to support the idea of convening a Constitutional Convention. Much of this surrounds ideas which might have appeal to concerned citizens. These include efforts to make it easier to recall elected officials, provide for open balloting, limit the State's debt levels and assure parity in school funding throughout the state. While all of these may seem like good ideas to some, we feel that before the State's Constitution is opened for alternations and updating, good government needs to be implemented.

While there are certainly some highly-qualified people working for us in our State Capitol, the current turmoil is cause for concern when any decision is being made. Our State Constitution should not

be edited while such turmoil is prevalent. A Constitutional Convention is a very long and expensive venture. Virtually all of the important issues that have been sources of contention in Springfield recently can be successfully addressed through sound leadership. The need to open up our Constitution to address special interest issues is poor governing. Add to that the potential to try and fix something that doesn't need fixing in that way, endangers programs that work and are beneficial to the citizens of this State. This is where many have been sounding the alarm about us losing our Constitutionally protected guarantee of a secure pension. That potential is there every 20 years. The only time in the last 150 years that the Constitution was opened up for change was in 1968. The potential for it to happen in 2008 is "extremely" low. For such an action to impact our pensions is even smaller. Remember we are not in this alone and if the time comes we will join with all Labor and take a stand. If need be, the preparation that should be done right now is the same as always: to make sure you and all of your family members and friends are registered to vote. The Board of Directors will direct any actions that are needed and if an alarm needs to be sounded, our members will know of it.

(Continued on page 2)

President's Report Continued...

Dues Increase

Lodge 7's retirees have been informed of circumstances that have led to the increase in dues beginning with fiscal year 2009. The increase is based solely on dues increases that have been assessed to Lodge 7 by both the State and National Fraternal Order of Police. At the National Conference in Louisville Kentucky in 2007, there was an amendment passed to increase dues by \$3.00 per member effective in 2009. This increase in dues was to finance added programs the National had initiated and to expand on others such as the Legislative Program.

At the Illinois State Conference held in Springfield in July of this year, there was an amendment passed which raised the Illinois per capita tax by \$7.00 to \$19.50 per year. The main objective for this increase was to negate the financial dependency that the State Lodge had on their telephone solicitation program. This program, which has been distasteful to many for years [which we in Chicago ended in this administration's first term], has been producing less and less over the years while the State found itself surviving financially by dipping into reserves. The State Lodge was dependent on this program for more than 50% of its operating expenses and the delegates agreed with the need to get out of the solicitation business and be self-sufficient as the solicitation contract is now producing about 15% of its initial guarantee and expires in December of '09. It will not be renewed.

Here in Lodge 7, the actual cost [dues for the State and National Lodges, Newsletters,

stickers, books, programs and insurance] is now going to be about \$52.00 per Active Retired Member. This cost does not include the services rendered by the Lodge Field Reps and our assistants. Lodge 7 currently covers these expenses, both actual and service costs for nearly 1000 of our members who are 75 and over, and for another 400 who are on disability Our Board, with pensions. the unanimous recommendation of our Retiree Committee, voted to pass along these increases to all of our members, including our retired Members as is called for in the Constitution and By-laws. Therefore, the 2009 dues for our Retired Members will increase to \$35.00 per year, and active police officers will see their payroll deductions increase by 50 cents on each paycheck beginning in January. Members who are Sgts. and above will see dues increases to \$60.00 per year. It is our sincere hope that you can recognize the absolute need for this increase and appreciate the value of your continued membership in the Fraternal Order of Police.

Pension Commission

The Pension Commission has continued to meet regularly over the summer. As the Commission has more than 40 members, we have recently divided into subgroups to bring discussions down to more manageable sizes. The full Commission continues to be scheduled to meet on a monthly basis with dates scheduled into the new year.

Endorsements

The Board of Directors of the Lodge will be making endorsements for the November elections. If you have had an experience with a Cook County Judge that you want to tell us about, there is a permanent area of our website for your comments, or you can call in and we will file your comments on judges. Any candidate who wants to be considered for the Lodge's endorsement must represent an area of Chicago, and must make a written request for endorsement. The Board will make its decisions in mid-September so that they can be published in our October newsletter.

Speaking of endorsements, the Lodge 7 Board voted to endorse the candidacies of two members to the Board of Directors of the "Policemen's Annuity and Benefit Fund". Both of these candidates are former Board Members in Lodge 7. Steve Robbins has been the elected representative for active officers below the rank of Sgt. on the Pension Board for the last 3 years. Mike Voight, who was promoted to Sgt. while a member of our Board is running for the position of Sgt.'s representative on the Pension Board. Please give these endorsed candidates your consideration in the elections for the Pension Board in October. At a time when pensions are coming under attack for various reasons, it is vitally important that we all get involved in this process.

Legislation

The Lodge is monitoring closely events in Springfield, our pension portability bill (currently SB 2520) was moved to the Senate Rules Committee in late August. The bill will move from there to the Senate floor for concurrence before it travels to the governor's desk for signing. This bill will be called and passed in the Veto session the first week of November. HB 6684 was introduced over the summer, this bill would lower the cost of annual firearms qualification testing for retirees to \$50. This is a good development. When the IROCC (Illinois Retired Officer Concealed Carry) office first opened it was understood that the registration fee would be high to account for the start up costs, it's a nice surprise to see it being lowered.

On August 20th, I was asked to testify at the House "Prison Reform Committee" at the Thompson Building. The discussion centered on HB 4154 which if passed would allow prisoners over 50 years of age and who have served at least 25 consecutive years of their sentences, to be allowed to appeal their release to the courts. The appellant would have several hoops to jump through to qualify and show that he/she is truly "reformed" in order to be eligible. In concern for the victims, their families and the community at large, my testimony mirrored that of which I've given at parole hearings for cop killers. That if they are felt to be rehabilitated [which is only a theory until proven over time], even a slim chance that he/she is not, is too high a price for law enforcement and the community to pay. The real benefit to society would be to leave that elder inmate right where they are so that they can mentor the endless stream of young offenders entering prisons with some hope that there can be some level of optimism

President's Report Continued...

toward rehabilitation.

Nationally: Rep. Mike McNulty (D-NY) chairs the House committee which could ask for a vote on the Social Security Fairness Act. There are enough sponsors of this legislation in the House to assure its passage, contact Rep. McNulty at 202-225-5077 or v i a e m a i l a t <u>mike.mcnulty@mail.house.gov</u> and ask him to call the bill when the U.S. Congress returns from its summer recess.

Negotiations

The Lodge and the City have come close to agreeing on several work schedule pilot programs reflective of the proposals that we received from the membership. Unfortunately, misinformation leaked out about the programs which caused concern for our members. If we are ever to reach an agreement on the pilot programs, it will be after we get the input of the Unit Reps and the Board of Directors. Please don't allow anyone of any rank to mislead you as to how the programs will be administered. When the time is right, the membership will be informed by us after the considerations mentioned above are made.

As of now we find ourselves stalled on many other issues awaiting the announcement of what the City is going to do to address their budget shortfalls. As you can see from the website there haven't been any other new proposals placed in consideration so our hope is that we get going on the unaddressed issues in a very short time.

1st Vice President's Report, By Bill Dougherty

New Merit Process... Give Us A Break!

How many of you attended the town hall meetings in which Superintendent Weis spoke of the many changes that he was going to make in the Department? If you attended those meetings, you know that the new Superintendent actually believed the changes that he was telling us about were going to happen. Your police sense told you that he was not lying to us. As good intentions as the new Superintendent has, we all know how things work in the City of Chicago.

One of the items that the Superintendent was going to change was how the Merit Process works. The Superintendent stated, at those meetings, that the Merit Process was going to change. The Superintendent stated that each officer would be able to put in an application for a merit spot. He even stated that a fair process would be if each merit application came in without a name and were judged on their qualifications alone. What a brilliant idea. Listening to this you would think that things in the Chicago Police Department had changed finally.

Well the new Merit Board order (08-03) came out in Au-

gust, and I know that you are going to find this hard to believe, but the new order allows for only exempt command staff, below the rank of Chief, to nominate officers for merit appointments. Another boost in morale!

Speaking Of Morale...

Morale is a subject that you hear almost everyday in the Police Department. You hear officers talking to each other about how low the morale is in the Department. You hear bosses talk about how low the morale is in the Department today. You hear about officers saying that they're going to slow down and only go to the assignments that they are given. No one came on this job to sit in their car and wait for that next call. We all came on looking forward to doing real police work. Driving down alleys, stopping car loads of gang bangers was just an average day for a Chicago Police Officer. But over the years on this job officers watch how the clout of the City and the Department works. It can become demoralizing for some. In any type of job that we do we were taught to do our best and that you will succeed. Success

should not be measured by the rank that we carry on this Department. We all know successful officers that would make great bosses on this job, unfortunately they are not given the chance to show just how qualified they could be. We also know bosses that are promoted throughout their career that have never really been the police. Some of these bosses have been given high ranking positions in this Department, only to overlook scandals and then be given advisory positions to the Superintendent. These are the moves that bring the morale in this Department down to where it is today. What Superintendent Weis does in the next couple of months will decide in what direction the morale scale will go?

What is the Flexible Spending Account (FSA)?

The FSA account helps you save money on your outof-pocket health care expenses. By using this accommodating plan, you pay certain expenses with pre-tax dollars from your FSA account. Here are some common expenses that you can use your FSA account to pay for: health care deductibles: co-payments; other expenses not covered by your health care plan; and amounts over the maximum amount of what is reasonable and customary limits your plan pays for. Furthermore, you can also use your FSA accounts for over the counter medicine, dental procedures braces/dentures, smoking programs, corrective eye surgery, weight loss programs, acupuncture, female contraceptives condoms, oxygen equipment, cosmetic surgery caused from an illness or accident, ect. A complete list of covered expenses can be found on-line a t www.cityofchicago.org/ benefits.

How much money can I put into my Flexible Spending Account?

Here is a break down of how the FSA account works. You choose the amount you want to have deducted per pay period from an annual minimum of \$120.00 to a maximum of \$5,000 and all the money is protected from taxes. **Does the Fraternal Order of Police Lodge #7 recommend its members enroll into this program?**

Yes, the Lodge would like to see all members enroll into

Constitution & By-Laws Proposals

The Constitution and Bylaws Committee has tendered two proposals for amending the Constitution of Chicago Lodge #7. Both of the proposed amendments were tendered properly through the Secretary and were addressed at the July Board of Directors Meeting. The proposals which are italicized and underlined are as follows: Article IV,

Board of Directors

Section 3.

The Board of Directors shall be composed of the Lodge President, the Immediate Past President, the 1st, 2nd and 3rd Vice Presidents, Recording Secretary, Financial Secretary,

Treasurer, three (3) Sergeants-At-Arms, and seventeen (17) Trustees. Retired Members elected to the Board of Directors may only serve in a Trustee capacity, and of the allotted seventeen (17) Trustee positions a maximum of two (2) may be held by a retired member. The term of office for each of the positions listed in this Section shall be three (3) years.

Article VII Nomination and Election of Officer and Trustee of the Chicago Lodge No. 7 Section 1. Only active members below

the rank of Sergeant, who have been in continuous good standing for two (2) years, and who have attended at least one half of the regular business meetings held in the past twelve (12) months may be candidates for office in this Lodge. Retired members in good standing may only run for the position of Trustee. The official sign-in book and excused absences for good cause shall be the sole materials used to determine eligibility for office. Nominations may be made in December of each third year following December 1986. Nominations will be made from the floor by any member in good standing and do not require a second. The nominations cannot be reopened after being duly closed at the nomination meeting. Any qualified candidate will be required to sign a letter of acceptance during the month of nominations in order to be eligible for election.

After careful consideration of these proposals the Board of Directors voted to accept the recommendation of the Committee that the Membership reject them when they are brought for a vote at the September 16th General Membership Meeting.

1st Vice President's Report Continued...

(Continued from page 3)

the FSA account program because it is a great program with a pre-tax benefit that all members would benefit from. Furthermore, let me give you a couple of examples on how great this plan is.

Example: Assume 25% tax rate and \$1, 000 in medical expenses not covered by your health care plan. Officers without the tax benefit FSA account need to earn \$1250 to pay for medical expenses of \$1, 000. Officers that are enrolled in the FSA account get the tax benefit of \$1,000 without tax to pay for medical expenses.

you have a child that needs braces and your amount of the braces is going to be \$2400. If you have \$100.00 each pay period deducted from your account every pay period for a total of \$200.00 a month going into your FSA account. The FSA account begins in January and ends in December and you just found out in March that your son/daughter needs braces and your cost will be \$2400. You realize that you currently have only \$600.00 in your FSA account for the year. Your FSA account will loan you the additional \$1800.00 that you need to get your Example: Let's say that child's braces done even

though it hasn't been taken out of your check yet.

Can I get reimbursed if I don't use my entire deposit amount?

Keep in mind that the money you have in your FSA account is a "use it or lose it" All claims type of plan. must be incurred by March 15th of the calendar year; however you do have until March 31st of that year to submit any claims.

When can I enroll into the Flexible Spending Account?

For anyone that would like to enroll into the FSA account the only time you can enroll into this plan is

during the open enrollment period. You must enroll again every year to maintain your Flexible Spending account.

When can I make changes to my Flexible Spending Account?

For anyone that would like to increase/decrease the amounts that they currently have going into their FSA accounts they can also make those changes during open enrollment. Furthermore, anyone that is currently enrolled into the FSA account and would like to opt out of this plan the only time for you to opt out is also during open enrollment.

Address Change Form	Effective Date:	
Name:	Star 1	Number:
(Last, First, MI)		
New Address:	City/State:	Zip: _
Telephone:	Cell Phone:	

THE RICHARD LIS SCHOLARSHIP PROGRAM

This is the application form for the annual scholarship drawing of Chicago Lodge #7. The scholarship awards are in the amount of \$1,000.00 each and are given in honor of our late State Lodge President, Richard Lis. There will be twenty names drawn at the October General Meeting, and we will also draw five additional names, in case some of the winners are not in college or elect not to continue their education. All applications are to be filled out and mailed to: FOP, Chicago Lodge #7, by police mail or U.S. Post to 1412 West Washington Boulevard, Chicago, IL 60607-1821, Attention: Scholarship Committee.

The following rules apply to applicants requesting scholarships:

- 1. Scholarship grants are available to the sons and daughters (including stepchildren) of members of FOP Lodge #7, who will be attending a <u>college</u> or <u>trade</u> <u>school</u> for the first semester of the school year.
- 2. There will be 20 scholarship grants given for \$1,000.00 each on a one-time basis. Payment will be made at our general meeting in January after proof of attendance is received by the Scholarship Committee.
- 3. Scholarships will be available to high school graduates and any student who is presently attending a college or recognized trade school.
- The college attended must be recognized by the North Central Accrediting Association or the trade school must be recognized by the Illinois Department of Registration.
- 5. <u>**Only one**</u> application per eligible child will be accepted.
- 6. The scholarship grants will be awarded on the basis of a drawing of the submitted applications at the October General Meeting.
- 7. Applications may be submitted up to the time of the drawing at the October Meeting.

RICHARD LIS MEMORIAL SCHOLARSHIP FUND APPLICATION

Applicant's First Name:	Applicant's Last Name:			
Member's First Name:	Member's Last Name:	Unit# or RTD:	Star #	#:
Member's Phone:	Member's Address:	City:	State:	Zip:
Relationship to Applicant:	College or Trade School:			-
Mail To: Richard Lis	Scholarship Fund., FOP Lodge 7,(Unit 541 via Police Ma	ail), 1412 W. Washington Blvd.,	Chicago, IL 6060)7

3rd Vice President's Report, By Greg Bella

It Never Ends

An order came out, at the District level, that if you apply for Special Employment you must submit a copy of your activity for the past ninety days. Let's start at the beginning. You work six days a week and we are short manpower at the District level so most of the time you work a 99 You chase the radio Unit. from job to job until your tour ends and you do this six days a week. So an outsider can grasp the enormity of the problem, the day shift, which is all one man cars, runs all tour from job to job and most of the time one man cars are handling two man jobs. Naturally, there are not enough cars on days to handle every call so when the shift ends there is a back log. Now the afternoon shift starts and you again chase the radio all tour while you are trying to eliminate the backlog but the

backlog just keeps growing because of the volume of calls that come in on the afternoon shift. At 2300 hours the midnight shift begins with the backlog and, if it is a quiet night and a weekday, you catch up by 4:00 or 5:00 in the morning.

Now a District Commander wants to know why you don't have any arrest activity or why you did not stop any vehicles. Does this Commander think this is the way to improve morale or productivity?

Does anyone realize that after working six days in a row just as I have described you now have two days off? We are required to live in the City and our homes are priced off the charts, just like our property tax and the sales tax that we pay. Add to this the fact that 90% of police officers with children send them to a private school because of the sub-standard public school system we get for our high taxes. Is it any wonder that our officers must now work one of their days off at Special Employment to pay for these needs? Do you think we work our days off because we don't like our families? Did you ever hear a copper say, "I had a kid running around in diapers and I work so much I just realized he started high school?"

Someone who should know what the problem is now, is going to make you produce documents so that you are allowed to work a seventh day?

The Department called to get that order rescinded but the short answer is apply for every day off you have for Special Employment and do not give any activity and if you are denied file a grievance under 16.2. Not only is this a violation of the contract **it is wrong.**

An order came out restricting the amount of hours you work on side jobs to twenty hours. This order is supposed to be rescinded because it is in conflict with article 16 of the Contract unless the City wants to give us a residency stipend of \$10,000 a year so that we don't have to work side jobs.

General Meeting Notice

The Next General Meeting Will Be Held On Tuesday, 16 September 2008 at 1900 hours.

All members are encouraged to attend! Please remember to sign the attendance books when you arrive.

Easter Seals/Walk With Me, By Rich Aguilar, Trustee, Field Representative

I cannot imagine any member who has not heard the name Easter Seals. After all, Easter Seals has been the FOP charity of choice for more than two decades. Although the name may be familiar, many members are still unacquainted with the role that Easter Seals plays.

Easter Seals has been helping individuals with disabilities and special needs, and their families, live better lives for more

than 80 years. From child development centers to physical rehabilitation and job training for people with disabilities, Easter Seals offers a variety of services to help people with disabilities address life's challenges and achieve personal goals. Easter Seals could have an impact on any of us or our family members at any stage of our lives. Easter Seals does not just offer help to children born with disabilities. Easter Seals also helps those that be-

come disabled due to accident or illness.

On Saturday, September 20th, Easter Seals is sponsoring their annual Walk With Me fundraiser. This year the event will be held at Lincoln Park Zoo. Registration is at 0730 with the walk beginning at 0830. This is a great family event that gives kids a chance to see the zoo animals at their most active time.

Lodge #7 has formed a team that will participate in the

event. Members can join the team or sponsor a team walker. Please visit <u>www.easterseals.com</u> and click on the Walk With Me logo. Search for the Illinois walk on September 20th. Search for FOP Chicago Lodge #7 and join up or sponsor a team member. Your donation can make a difference in someone's life.

Recording Secretary's Report, By Sidney Davis

Military Benefits

The Military Committee is currently working with Local 2 Fire Department, Aldermen James Balcer of the 11th Ward and Aldermen Ariel Reboyras of the 30th Ward to obtain pay relief for reservists who are on orders for 60 days or more.

The CPD Airport Law Enforcement Section will provide family members of Chicago Police members returning from Active Military Deployment courtesy parking and an escort to the airport gate area. Please contact me at the Lodge and provide the following information:

• Name of returning Reservist and Unit of Assignment.

• Family member point of contact information.

• Total number of family members requesting an escort through security to the arrival gate. A photo identification card will be required for persons 18 years age and older, in order to obtain a gate pass. Individuals under 18 years of age may gain access under the responsibility of an adult. • Vehicle description and license plate number.

• Returning Reservist's flight information including airline carrier, flight number, date and time of arrival.

Additional information will be given to each requesting member at time of application

2009 Holiday Event Calendar

This precious document, sought by all, should be available by the time we select furloughs and watches this November and December. Members are encouraged to submit fresh new ideas or changes for the 2009 Holiday Event Calendar to Unit 541, attn: Sid Davis.

Physical Fitness Incentive Award Program 2008

Department Notice 08-27 outlines the criteria for obtaining the Physical Fitness Incentive Award. You must register by September 29, 2008. You can register by logging onto the Department Intranet. Currently members who pass will receive \$250.00.

Fall Uniform Inspection

Unit Commanding Officers will conduct an annual formal inspection of the winter dress uniform, including helmet, flashlight, personal aerosol OC chemical device and holder, rainwear, personal soft body armor, and City of Chicago Firearms Registration (CPD-31.562) for the prescribed firearm, between 1 and 10 November. Make-up inspections will be conducted and deficiencies will be corrected within 7 days of the formal inspection, or upon the member's return from an absence, i.e. medical, furlough, etc. Officers you have two months in which to properly prepare for this inspection.

"Time For Tim's Children"

Tim Kaufmann is a 25 year Cook County Sheriff's Police Officer and a father of 5 children. He has touched the lives of many people, both personally and professionally. This past year, Tim was diagnosed with inoperable brain cancer. Tim has fought a courageous battle. Throughout his life, he has always helped others and now it is **TIME FOR TIM**.

Sunday, September 14, 2008 2:00 pm—7:00 pm

> **115 Bourbon Street** 3359 West 115th Street Merrionette Park, Illinois

Admission \$25.00 With FREE Valet Parking

See Capt. Jim Spratte, 008, for tickets, 773-505-6400

For more info please visit the web at WWW.TIMEFORTIM.ORG

Direct Donations can be mailed to: The Tim Kaufmann Benefit Fund/Founders Bank 6825 West 111th Street Worth, IL 60482

Tax ID #80-0186204

2nd Vice President's Report, By Frank DiMaria

Uniform Resale

The Fraternal Order of Police Chicago Lodge#7 Semi-Annual Uniform Resale will be held at the FOP Hall on Wednesday 22 October 08 from 1300 hrs until 1800 hrs. Officers take advantage of this event if you are looking to purchase an additional uniform item or to sell those uniforms that are no longer worn. Officers wishing to sell their uniform items need only to come into the Hall and set up on one of the tables which the Lodge provides before the start of the resale. Officers who wish to donate their uniforms for the Lodge to sell need only drop these uniforms off to the Lodge Of-

fice up to the day of the sale. Parole Hearings

On 20 August 08 hearings before the Illinois Prisoner Review Board were held at 26th & California to consider early release for the three (3) convicted murders of: PO Kenneth Kaner #2662, 007th District, EOW 19 June 1970; PO Anthony Rizzatto

#12407, Area 6 Task Force, EOW 17 July 1970; Sgt James Severin #1319, Area 6 Task Force, EOW 17 July 1970; PO Robert Wenzel #7495, Traffic Enforcement, EOW 19 January 1973.

These convicted cop killers were all found guilty in a court of law and sentenced according to the law at that time. They were all sentenced under a system which has come to be known as the C Inmate System because there was no death penalty or life without parole as we know it today.

In attendance were family members, friends and supporters of each of the slain Police Officers, representatives of the Department and I represented the Lodge. Statements were made and letters read into the record of how these murders drastically impacted and changed all of their lives, that time has not healed their wounds and that releasing these killers would impact them even further. I presented to the member of the Illinois Prisoner Review Board Petitions with the signatures of 13,487 Citizens and Law En-

forcement Officers of the State of Illinois who by their signatures demanded that the members of the Illinois Prisoner Board deny parole to all three of these cop killers now or any time in the future. The next step in the process is to have hearings at the institution where the killer is imprisoned and then the full Illinois Prisoner Review Board will vote at the En Banc hearing later in the fall of this year to decide for release or keeping the killer in prison. The Lodge will continue to monitor these cases and watch over the actions of the Illinois Prisoner Review Board to ensure that no cop killer is released before completing there lawful sentence.

KICKN4CHRIS Benefit

Christopher Doherty is 12 years old. He is the son of John & Debbie Doherty and the brother of John III. Chris is diagnosed with Non-Hodgkin's Lymphoma. Chris is a student at St. Symphorosa grammar school on the Southwest Side of Chicago.

Medical bills for Chris' multiple surgeries, hospital visits, chemotherapy treatments, bone marrow tests, MRI(s), CT and PET scans are enormous. Although his parents have insurance, they may exceed the maximum lifetime family benefit.

In order to help relieve the financial stress and to help ease the overwhelming medical bills they have and will incur, friends and family are hosting a fundraising event.

> Hawthorne Race Course 3501 S. Laramie Stickney, Illinois

Sunday, September 28, 2008 from 1600—2200 hours.

Surf the website for more vital information www.kickn4chris.org

Direct Donations can be mailed to: Kickn4Chris/Founders Bank 5235 West 63rd Street



A Susarter Way to Better Health

Health Evaluations From IHS Provided By The FOP, Chicago Lodge 7

> FOP Hall 1412 W. Washington Blvd Chicago, Illinois

Monday, September 8, 2008 Thru Thursday, September 11, 2008

To Schedule An Appointment Or For More Information, Please Call 800-840-6100

Appointments Needed To Be Evaluated! Call Today!

For more details regarding tests and costs, please visit the FOP website at chicagofop.org.

Also, the next Health Fair will be held in October at the 018th District. See website for more details.

Pension News, By Steve Robbins, COMMENTARY

Our Pension Fund continues to move forward in providing information to our members in the current high tech environment. Members can now access our monthly meeting minutes on our website at <u>www.chipabf.org</u>. Among other features, website visitors can view the results of a motion I made on Dec. 21, 2007 to amend the Travel and Ethics Policy of the Board.

The policy revisions that I drafted, proposed and motioned for were the results of several months of research, and would have mandated compliance and governed the interaction between Trustees and companies doing business with the Fund. Additionally, the proposed policies would have removed any appearances of impropriety, or pay to play, regarding the accepting of gifts, travel, meals, golf, political donations and entertainment from companies doing business with the Fund and those proposing to do business with Unfortunatelv the Fund.

those Board members present were not prepared to undertake any commitments to stricter self-governance at that time, choosing by way of a motion, to maintain a useless and ignored policy that was already in effect.

Perseverance is often the cornerstone of progress.

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Thanks, Steve R.

Attention Class 69 B-3

John DeBartolo is attempting to organize a reunion for recruit class 69 B-3.

Any active or retired member interested should contact John at 773-848-8525 or e-mail him at jonde14007@AOL.com

Attention Class 69 B-3

If Tomorrow Never Comes, Compliments of Rabbi Moshe Wolf

On Tuesday July 2, 2008, the CPD lost one of our own in the line of duty. The life of Police Officer Rick Francis ended suddenly and tragically. PO Francis was a gentleman, an outstanding officer and was loved by all who knew him. He was never to busy to share a smile, inquire about the well being of others and share a good laugh. He touched the hearts of many. As I was sitting in the Hospital Emergency Room with the family, surrounded by dozens of Bosses, Officers and Support personnel, pondering on how in an instant our lives can change forever, the following poem came to mind, please let me share it with you.....

*If I knew it would be the last time that I'd see you fall asleep, I would tuck you in more tightly and pray the Lord, your soul to keep.

*If I knew it would be the last time that I see you walk out the door, I would give you a hug and kiss and call you back for one more.

*If I knew it would be the

last time I'd hear your voice lifted up in praise, I would video tape each action and word, so I could play them back day after day.

*If I knew it would be the last time, I could spare an extra minute or two to stop and say "I love you," instead of assuming you would KNOW I do.

*If I knew it would be the last time I would be there to share your day, well I'm sure you'll have so many more, so I can let just this one slip away.

*For surely there's always tomorrow to make up for an oversight, and we always get a second chance to make everything right.

*There will always be another day to say our "I love you's", and certainly there's another chance to say our "Anything I can do's?"

*But just in case I might be wrong, and today is all I get, I'd like to say how much I love you and I hope we never forget that tomorrow is not promised to anyone, young or old alike, and today may be the last chance you get to hold your loved one tight.

*So if you're waiting for tomorrow, why not do it today? For if tomorrow never comes, you'll surely regret the day, that you didn't take that extra time for a smile, a hug, or a kiss and you were too busy to grant someone, what turned out to be their one last wish.

*So hold your loved ones close today, whisper in their ear, and tell them how much you love them and that you'll always hold them dear, take time to say "I'm sorry," "please forgive me," "thank you" or "its okay". And if tomorrow never comes, you'll have no regrets about today.

morrow. That is the message that we can learn from the loss P.O. Rick Francis. Take a few moments, reach out and share a hug, a kind word with a fellow officer, a loved one or a family member. Share a smile and a laugh with someone whose burden is heavier than yours, because that's what Rick would have done. So if tomorrow never comes, the kindness you did today, the good feeling you brought to the heart of another will be remembered for eternity.

Compliments of your Police Chaplain Rabbi Moshe Wolf 773-463-7840 or e-mail moshewolf@hotmail.com

Nobody is guaranteed to- mos

Hey You 009th District Guys & Gals

On September 16th at 1400 hours there will be a commemorative picture taken at the old 009th District Station at 35th and Lowe for all current and retired members who have spent any time assigned there. Current members are asked to wear their "Class A" uniforms while retired members are just asked to wear something appropriate. This will be the last opportunity to get this "Kodak Moment" prior to the new district opening on Halsted Street.

See you there.

Disability Report & Veterans' Corner Continued...

Disability Report

The best of health from the Disability Committee. We are available for calls at the FOP office Monday through Friday. Click on the Disability Page link on the FOP web site, <u>www.chicagofop.org</u>, for beneficial information. Email a d d r e s s : <u>c s a l a - dino@chicagofop.org</u>.

July 24th Pension Board – Advocates present were Det Steve Schorsch, Det Mark Howe and myself. One appointed trustee was absent. Disability Claims: Duty - 1granted 75%, 1 granted 75% and returned to work, 1 granted 50%, 1 granted Ordinary. *Heart* – 1 granted. Ordinary – 2 granted without prejudice.

July 30th Special Hearing – Advocate present was myself. One appointed trustee was absent. <u>Disability Claims</u>: Duty - 2 granted, 1 continued by Board, 1 continued by Officer. Ordinary – 1 granted without prejudice.

PublicSafetyEmployeeBenefitsAct,820ILCS320/10(PSEBA).The first

police officer has qualified for this benefit in which the City of Chicago pays the premium of its basic group health insurance plan for certain police officers, their spouses and children. The officer submitted his application to the Benefits Management Office in Nov 07 and the process was finalized in Jul 08. Applications are available at the FOP (312-733-7776) or the Pension Fund (312-744-3891).

Benefits for children and spouses for duty disabled officers. The Illinois Student Assistance Commission (ISAC) offers a Grant Program for Dependents of Police Officers. The program helps pay tuition at approved Illinois public and private colleges and schools. For information call 1-800-899-4722 or visit online at www.collegezone.com.

The National Association of Chiefs of Police provides scholarships to college students (children of Duty Disabled Officers). Assistance is provided at the rate of \$500 per year for up to four years

Your 2009 handbook is in production, if you would like to suggest corrections, additions or deletions now is the time. Please be aware that the Department calendar will not be established until later this year, and production may be delayed to accommodate this late release. It is expected that there will be an adjustment week in 2009, and the court's too, have asked for additional time to prepare the judge's calendar and your court key for 2009. Please send any suggestions for changes to the Handbook to Mary Pat; via police mail to Unit 541 FOP or fax to 312-733-1367 (email to <u>marypat@chicagofop.org</u>). Thanks. (As soon as accurate data is available, the 2009 Police calendar will be posted on the FOP website.)

2009 F.O.P. Handbook

per student, upon available funds. For information call 1-321-264-0911 or visit online at www.aphf.org.

Veterans' Corner Operation Enduring/Iraqi Freedom - Our thoughts and prayers go to the CPD members who are actively serving our country in the military.

New Combat Badge Rules -The changes took effect 22 July 2008 and is retroactive to 18 Sept 2001 for those who served in Operation Enduring Freedom (OEF) and Operation Iraqi Freedom (OIF). Improvised explosive devices (IED) and similar weapons are now among the qualifying criteria for the Combat Infantryman Badge (CIB) and combat Medical Badge (CMB). There is a policy already in effect for the Combat Action Badge (CAB). For veterans and retirees not currently with units now, submit your requests with documentation to Military Awards

Branch of HRC, Attn: AHRC-PDP-A, 200 Stovall St., Alexandria, VA 22332-0471.

Military Service Pass – Active duty military personnel in uniform can ride the CTA buses and trains for free. Other eligible military personnel can also ride for free with a CTA Military Service Pass (MSP). For MSP eligibility call 1-888-968-7282 or visit web sites www.transitchicago.com or www.chicagofop.org.

26th Annual Vietnam Veterans Reunion - September 19, 20, 21 in Kokomo, Indiana. Check out the web site: www.hcvvo.org. Good time and hope to see you there.

"'Peace' is when nobody's shooting. A 'just peace' is when our side gets what it wants." ~ Bill Mauldin

Airborne Sal

Deceased Brothers & Sisters

Donald N. Steppan	Age 74
Robert M. Ryband	Age 71
John C. Brooks	Age 79
Gerald W. Slattery	Age 72
Donald G. Krayer	Age 79
George E. Barzydlo	Age 69
Warren R. Friedl	Age 81
Henry J. Pena	Age 75
Frank M. Modelski	Age 73
Ronald W. Lumb	Age 77
Donald P. Kenney, Jr.	Age 76
George J. Hickey	Age 87
Victor W. Taylor	Age 80
Robert A. Maloblocki	Age 53
Gerald L. Lindsey	Age 64
Edward J. Hosty	Age 81
•	•
Dominick G. Doris	Age 37
Robert A. Soto	Age 49
100011 A. 0010	Age 40

Fitness For... "Our Finest", By Coach Joe Cullen

TEA is KEY! A Refreshing & Healthy Beverage!

Before I share with you some valuable information about the many benefits of drinking tea, let me ask, how are all of you coming along on your exercising & fueling your minds and bodies? As we are now entering the Fall season, and the holidays are just weeks away, it is ever so important to be exercising and eating *light and right*.

Tea, both iced and hot is a very satisfying and refreshing drink. It has so many health advantages, you may be surprised. Both black and green teas have been proven to help: keep you hydrated, enhances your exercising, improves/protects heart function, helps protect against cancer, stimulates weight loss, and assists in revitalizing your mind & body. So yes, TEA is KEY! **Fitness & Hydration** – You have heard that healthy adults should consume 8 – 12 glasses of fluids daily, which keeps you hydrated, energized, and suppresses hunger pains. Drinking 2 to 3 cups of tea, as part of this consumption, will not only keep you hydrated, but due to tea's natural blend of nutrients, antioxidants, amino acids and caffeine, it acts as a nice natural enhancer for both exercise and job performance.

<u>Tea & Antioxidants</u> – Most of you have heard how important it is to have "antioxidants" in our bodies. So, what are these antioxidants, you keep hearing about? Basically, antioxidants in your body are important because they help fight against the growth of (bad) "free radical cells" which contributes to the development of certain chronic diseases such heart disease and possibly cancer. Tea contains (helpful) natural antioxidants, which is called "flavanoids". These healthy flavanoids are also contained in fruits, vegetables, red grapes, red wine and dark chocolate. But, please remember, just drinking tea is not a substitute for eating your fruits and vegetables. Tea has also been linked to the positive widening (dilation) of your arteries, which enhances blood flow, which can further reduce the risk of heart disease and strokes.

<u>Revitalizing our Minds</u> – Some scientific studies have shown that folks that consume 2 to 3 cups of tea throughout the day will probably experience an uplifting mood and their mental state is more alert and enhanced. Tea is refreshing, taste good and may help you feel calm.

<u>Tea & Weight Loss</u> – There has been some clinical studies that shows that drinking brewed tea, raises your metabolic rate (metabolism) and therefore helps burns off more calories. Other ways of raising your resting metabolism is by lifting weights.

Tip of The Month:

Our children can also benefit from exercising and lifting weights (moderate, not heavy). <u>However</u>, <u>it is recom-</u> <u>mended</u> that children should be of post-puberty stage, before they can start lifting weights. For young females, this might be around 11 to 13 years of age, for young males, perhaps 12 to 14 years of age.

Thank you, and if you have any questions or suggested topics, feel free to call or write me. Cell, 312-972-2828, office 773-857-7027, my e-mail jcullen@CertifiedHealthFitness.com or www.CertifiedHealthFitness.com

1st Wednesday of the Month @ 1:00 pm Cop Shop. 4423 S/E 16th Place, Cape Coral, FL

Tom Faragoi, 239-770-7896

Retiree Breakfasts & Luncheons North: 8th District 8 Balls: 1st Wednesday of Month @ 7:30 am Last Wednesday of Month @ Noon Call for location: Al Bilacki, 773-767-1885 Lone Tree Manor, 7730 N. Milwaukee Ave, Niles Joe Nalepa, 773-763-1362 **Old School Deuce:** South: 2nd Tuesday of Month @ 9:30 am 2nd Wednesday of Month @ 10:00 am B.J.'s Market, 8734 S. Stony Island, Chicago, Illinois Jedi's Garden, 9266 S. Cicero Ave, Oak Lawn, IL Elbert Parker, 773-593-7743 Don Januszyk, 708-364-9903 Survivors Lunch: The Dirty Dozen, 12th District Retirees 2nd Saturday of Month @ 11:00 am 1st Thursday of Month @ 10:00 am Beverly Woods Restaurant, 11532 S. Western, Chicago Southern Belles Restaurant, 6737 Archer Ave., Bridgeview, IL jimboysmail@comcast.net Arizona Retirees: 3rd Thursday of Month @ 11:00 am Crime Lab, ETs, Forensic Services & Mobile Unit Hometown Buffet, 1312 N. Scottsdale, Scottsdale, AZ Ed Plawinski, 480-502-1630 1st Tuesday of Month @ Noon Flap-Jack's Restaurant, 4830 West 111th Street, Oak Lawn, IL Bob Baikie, 773-284-1935 Arkansas Retirees: 3rd Friday of Month @ Noon **Orland Park Law Enforcement Organization:** Elks Lodge, Highway 62 E, Mountain Home, AR 3rd Thursday of Month @ 7:30 pm Dennis Dwyer, 870-431-4458 Orland Park Civic Center, 14800 Ravinia, Orland Park, IL Don Ade, 708-408-9308 Las Vegas Retirees: Every Thursday of Month @ 9:30 am **Brothers Band Together:** The Willows, 2020 W. Horizon Ridge, Henderson, NV 3rd Saturday of Month @ 10:00 am Jerry Rutkowski, 702-575-4301 Pancake House, 700 East 87th Street, Chicago, Illinois Roosevelt Lowe, 773-779-4073 Florida Retirees:

September 2008 All FOP Members, Family and Friends Always Welcome! Page 11 Summer Closeout Clearance Sale Ladies Brown/White Tee With Pink & Brown Design-XK & 2XK Only-30% OFF Long Sleeve "PD" Pullover-Navy V-Neck With White & Gray Trim-All Sizes 25% OFF All FOP Socks-25% OFF Store Hours: Kids Tank Tops—Sizes 6/8 & 10/12 Only—50% OFF, While Supplies Last Mon-Thurs 9:00 - 5:00 Kids Polo North Side Baseball Team Patch—Sizes 10/12, 14/16 & 18/20-50% OFF 9:00 - 4:00Friday CPD Baseball Jerseys In Black Or Green - Large & XL Only, Was \$24.95 - Now \$18.95 Each Saturday 9:00 - 1:00 Kids Gray Polo - CPD Design - Sizes 6/8 to14/16 - 50% OFF Direct: 312-733-2344 Coffee Cups—Black or Navy With Pewter CPD Star - Buy One For \$6.95, Get One For 50% OFF (Any Same Price Mug) "Copper" Travel Mug In Copper Was Priced At \$8.95 - Now On Sale For Only <u>\$6.95 Each</u>! Great Gift Ideas!! Remember Your FOP ID Card To Purchase A Vehicle Medallion Or Window Decals!! In Stock For Those Cool Nights... Kids Wing PD Crest Tee Reversible Sweatshirt, Navy/Gray With Chicago PD Wings Blue, Brown & Gold - A Great New Look Design. If You Ride A Bike, You Have To Have One! Sizes 6/8 to 14/16 Small to 2XL - \$28.95 to \$29.95 All Sizes Priced At Only \$8.95 Each Button Down Camp-shirts-Black, Maroon, Blue & Navy **T-Shirt Of The Month** Small through XL - On Sale Now For Only §22.00 Each "Property Of CPD Lockup" Junior Girls Spaghetti Strap Tank Top - Med - 2XL - Purple, Blue & Teal - 40% OFF Now 30% OFF The following member was left off the listing of St. Jude League Offers \$1,500.00 Scholarship April Retirees...sorry Sharon... **April 2008 Retirees** The St. Jude Police League was recognized in the will of a Rank Dist. Name Yrs long-time member. The League was bequeathed a gift and Smith, Sharon A. EТ 377 29 was asked to use the funds to endow a scholarship for the children of police officers. The St. Jude League Board of Frank Balestri's 2nd Annual Directors feels strongly that making a long term or even a Soppressatta (Supersod) Contest multi-vear commitment to a scholarship fund would dilute their mission and perhaps diminish the things they do so Tony O's Studio 31 Lounge well. The League has asked Fraternal Order of Police 5147 S. Archer Ave. Chicago Lodge No. 7 to extend our scholarship program Chicago, Illinois and distribute the funds using the annual scholarship awards program we have in place. (See page 5) Sunday, September 28, 2008 In October 2008, Chicago Lodge 7 will distribute 20 Food will be served at 4:30 pm (twenty) \$1,000 scholarships. On behalf of the St. Jude All participants must be signed up by 5:45 pm League, using the same pool of scholarship applications Judging starts at 6:00 pm and the same rules, one additional scholarships in the Another serving of food will be served at 7:30 pm at amount of approximately \$1,500 will be drawn. the start of the Bears vs Eagles game The St. Jude League's Board of Directors is pleased to Homemade gift baskets will be raffled off throughout the fulfill its duty to their member who was so kind as to rejudging along with a homemade Soppressatta press member police officers in his will. We hope that this memorial gift will enrich all of us, as it works to ease the bur-\$10 entry fee for all participants. All participants must den that the costs of higher education places on the young bring in one pre-sliced soppressatta scholar and his or her police family. $\overline{\mathbf{z}}$

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IS YOUR ADDRESS CORRECT? IF NOT, PLEASE CONTACT THE LODGE. THE 2009 F.O.P. HANDBOOK IS IN PRODUCTION!!

The Lodge is preparing for its annual mailing to members. Please look at the address label above, this is the address we will use to mail your 2009 Handbook, Membership Card and Stickers. Please contact the Lodge and make any necessary Name or Address changes now.

FIRST NOTICE: Annual Payers (Retirees, Sgts, etc.)

2009 Dues Payments Must Be Received before November 1, 2008

Attention Retirees and Annual Dues Payers you can mail your 2009 dues now. The Lodge will begin accepting credit card payments over the phone after the Labor Day Holiday. *If you turn 75 in 2008, you DO NOT pay!!*

NAME:	PHONE:
ADDRESS:	CITY, STATE, ZIP:
BENEFICIARY:	
CHECK ONE: Retiree Annual Dues \$35	\$60 Sgts. & Above AND/OR Outside Units
Please Charge My VISA MasterCard Discover Credit Card	Exp. Date:MM/YY
SIGNATURE:	My Check Is Enclosed