

February

2009

F.O.P. NEWS

Committee: Rhonda Bullock, Chairman

Gerry Majerczyk

Bill Burns

Official Publication of Chicago Lodge No. 7



FOP, Chicago Lodge 7
1412 W. Washington Blvd.

President's Report, By Mark Donahue

National Legislation

As we prepare to return to Washington for the 2009 FOP Day on the Hill, the National Lodge has already laid the groundwork for our agenda. Again, one of the organization's top legislative priorities, HR235, "The Social Security Fairness Act," has been re-introduced in the U.S. House of Representatives and already has a total of over 120 co-sponsors. We from Illinois fully intend to get 100% consensus on this bill from our representatives. The FOP has been "working" this legislation for about 10 years now, long before most others who purport to represent Law Enforcement were even aware of the existence of the problem. Still, there are those who have taken a seat on the sidelines excusing themselves from involvement by throwing up their hands saying there is no real support there even from those who have signed on. This position of relative safety and laziness is a security blanket for those who don't have the fortitude to get involved. Maybe this will be the year they pick up a mitt and get in the game.

There are greater expectations of this Congress. In the past, all of our Congressmen and Senators, including our current President, have supported this legislation returning to those who have earned it, the full financial benefits of Social Security. In consideration of the level of support

we have had on this issue, one thing is certain, that this time around although we need to have the requisite hearings, we also need to have a vote.

Pension Fund Status

The Sun Times reporter Terry Savage recently wrote articles about the funding levels of Pension Funds throughout Illinois. In writing these articles she throws around all kind of figures (which she does admit are old and only supplies guesses and estimates as to what the impact of the fourth quarter of 2008 might have had on funding levels). Terry Savage's writing is openly full of the kinds of jabs which demonstrate a contempt for government workers and the benefits they earn. The timing of these articles should cause us to be suspect of the real intent of them.

Currently there is a flurry of articles and opinions coming forth from "think tanks" and those representing financial institutions which show that Public Sector employees and their Employers both benefit from Defined Benefit [DB] Plans as opposed to Defined Contribution [DC] Plans. These articles are recommending that Public Sector Employers continue with the historically provided DB plans for their Employees as they are much less costly to administer and provide an enhanced and more secure benefit for the Employee. As this position is contrary to

what has been held for years by groups such as the Civic Federation and others who have the ear of elected officials at City Hall [that DC plans are the answer to all of the City's financial woes], the timing of the Tribune articles are at least suspect. At a time when the Mayor has appointed a Commission to address the under funding of the four City Pension Funds and to seek a measure of resolve for it, articles such as Ms. Savage's could appear to be playing to the court of public opinion for those who may disagree with the support of the DB plans as the time draws near for the Commission to begin making recommendations. You can compare these actions to what our Governor is doing this week in New York. Getting his side as he sees it out in the public with the hope that prior to the gavel falling, he can persuade enough jurors to see things his way. Not only would these actions, if shown, be underhanded and sneaky but they could never don the label of "Good Government".

On this topic there is growing interest in what our State Treasurer is proposing. His "Illinois Public Employees' Retirement System" web site would make one feel that his grand plan for fixing the five State Funded Pension Plans is a done deal even though the legislation that is necessary to make the

(Continued on page 2)

"There are greater expectations of this Congress. In the past, all of our Congressmen and Senators, including our current President, have supported this legislation returning to those who have earned it, the full financial benefits of Social Security"

Inside this issue:

Tax Time Information	Pg. 3
Audit Report, Legal Defense Fund	Pg. 5
College Visions Pre-ACT Exam	Pg. 6
2009 Fishing Tournament	Back Page

President's Report Continued...

changes has yet to be introduced. His plan calls for consolidating the Pension Boards responsible for the oversight of the funds and creating "super boards" made up of the former Chairmen of each former Board as well as other politically elected and appointed individuals. This would be like having our elected representatives of our Pension Fund [Patrolman, Sgt., Lt./Capt. and Retiree representative] removed from their duties and replaced by others who would be appointed by the Mayor and/or the City Council. If you feel uncomfortable with this idea think how our Brothers and Sisters in the State Police and University Police are feeling right now.

Contract Negotiations

The CORE Group of the Negotiating Team has met with the City two times in the past ten days. Issues that have been

discussed include: Wage increases; lowering the age from 60 to 55 for free retiree health coverage; reorganizing bid units; discipline issues; Military Leave issues and the financial situation of the City. As you can see we are finally getting into the "meaty" proposals that have been made on both sides. The Full Negotiating Team is convening on February 3rd to discuss the progress of negotiations and our course of action to be taken in the near future. Although we cannot get into details in this forum due to the fact that the media does read this newsletter, we can do so at the meetings. Please attend or ask your Unit/Watch representatives for more of an update.

Legislation

Your Legislative Committee has met again to finalize our agenda for the Illinois

96th General Assembly which is underway. We have been able to remove four issues from a total of sixteen from the agenda we set in the 95th General Assembly. The remaining and new issues that we will address this year include: Health Insurance premiums for retirees to match what active officers are paying; raise the maximum annuity from 75% to 80%; have an automatic increase of 3% for pension at age 55 and compound it for actives as well as widows; increase the minimums paid to widows and annuitants to \$1200 and \$1250 respectively; calculate the retirement annuity based on the last 36 months instead of 48 months; enhance the Occupational Disease and Duty Disability Benefits to 65% and 75% of current salary; the ability to

arbitrate residency; increase the pension funding multiplier from 2.0 to 3.0 and have the Pension Fund pay for Administrative Review when the officer is successful in their appeal. We anticipate having Bill numbers for our legislation by next month and will post it here in the Newsletter and on our web site. We anticipate a more concerted effort with the State Lodge now that they have hired a full time Attorney to address the legal issues of the Lodge as well as administering to the legislative agenda of the State Lodge. As usual there will be legislation presented, that can be described as adversarial to Police interests, that will need our attention and the efforts of Lodge 7, Troopers FOP Lodge 41 and the Illinois State Lodge should be enough to thwart the passage of any such efforts.

First Vice-President's Report, *By Bill Dougherty*

Work Schedule Pilot Programs

On January 8, 2009, the pilot programs for the work schedule started. We all know that there are going to be bumps and bruises during the change. Officers are going to have to make arrangements for babysitters, side jobs and other family functions. This would happen with any schedule change and the goal of the Lodge is to eliminate the schedule that most officers have worked for over forty years. The Lodge has set up a survey on our website, www.chicagofop.org, for members to respond about positive or negative issues regarding the pilot programs. Members should go to the home page and click on the

"Survey" button. If there are problems occurring we want to know about them as soon as possible. We have monthly meetings with management and can deal with many of these problems at these meetings. The Work Schedule Committee will be out in the Districts this month looking for feedback.

Problems At The Medical Services Section

In 2004 Superintendent Cline revamped the Medical Services Section because of the inefficiencies in the way it was run. Every department member from the patrolmen to the Superintendent knew that the Medical Services Section was a mess. There has been a Commander or Inspector assigned to that

Unit ever since.

The Lodge is receiving more and more complaints recently about the Medical Services Section not returning phone calls and additional waiting times for referrals. If you call the MSS and your phone call is not returned, call and ask to speak with Inspector Rendon at (312)745-5181. If you are unable to reach her, contact Director Ladner at (312)745-5300. The Lodge now has a survey up on the website asking our members questions regarding the Medical Services Section. Please take the time to go to the website and take the survey.

HeartScan Of Chicago

The Lodge is happy to

announce that HeartScan of Chicago is offering a discount to our members. This is a procedure that could save your life. Please take the time to ask yourself if you or a family member would answer "yes" to these questions. Are you over 40? Are you at risk of coronary artery disease because of a family history, high cholesterol, smoking or being overweight? If you have any or all of these symptoms HeartScan of Chicago is offering a 64 slice coronary artery HeartScan for our Chicago Police officers. Dr. Andy Rosenson has seen hundreds of city employees and has made a difference in their heart health.

As a thank you for the job that you do, we would wel-

(Continued on page 3)

First Vice-President's Report Continued...

(Continued from page 2)

come you to call their State of the Art Facility, for this important screening test. If you have the BC/BS PPO plan your deductible and your 10% co-insurance will be waved. This benefit includes active, retired and disabled officers that have BC/BS PPO. Officers that have Unicare HMO or Blue Advantage HMO would have to get a referral from their primary care physician. Most HMO's will not approve this

screening. Take advantage of this opportunity to come into our facility and have this very important test performed to provide you and your family with peace of mind. Call (312) 587-1111 to schedule this non invasive procedure. Saturday and evening appointments are available too! You are worth it.

General Meeting Notice

The next General Meeting will be held on Tuesday, 17 February 2009 at Noon.

All members are encouraged to attend and participate.

Second Vice-President's Report, By Frank DiMaria

FOP Vest Safety Day

The Lodge will be hosting a Vest Safety Day on 25 February 2009 from 0900 hrs until 1700 hrs. There will be representatives from the major soft body armor companies who will be displaying the current models of their products. Officers, if you need to replace your old vest or just want to see the most current models, stop by the Hall. The soft body armor which we wear on a daily basis is one of the most crucial pieces of uniform equipment we put on when we hit the street. It will protect us during a time of danger.

Safety Complaints

Just recently matters of Officer Safety and Breaches of Security have been the main topic amongst the media in regards to the Chicago Police Department. It is ironic that an unfortunate incident provokes this type of attention when our well being is usually taken for granted. Officers, if you encounter Safety Issues at your District/Unit of assignment they can be addressed in the Contract under Article 15. The issue of Safety is referenced under a broad manner as de-

scribed below:

- Toxic Materials
- Prisoner Facilities
- Vehicles
- Unit Environment
- Health
- Equipment

Misc. or Other Complaints

If there is a Safety Complaint, complete a Safety Complaint Form. Contact the Unit Commanding Officer and make an attempt to resolve the reported complaint. Prepare one (1) copy of the complaint and give it to the Unit Commanding Officer. If the issue is resolved please indicate in bold letters **RESOLVED** on the face of the complaint, and prepare a brief summary of how the complaint was resolved. If the issue remains unresolved then prepare a brief summary of your actions to resolve it. Forward the original to FOP, give one copy to the complainant and retain one copy for your records. Please complete these steps within five (5) days. In all cases please give a copy of the Complaint to the Complainant and to the Commander. Take all complaints and han-

dle appropriately. Follow up on all complaints. Do not take for granted that some type of action has been taken.

The information regard-

ing Safety Complaints can be found on Pages 146 & 147 of the 2009 FOP Handbook.

Officers, be attentive to duty and be safe in your every day duties.

Tax Time!

Active members paid \$426 in union dues that can be claimed on your income tax in 2008.

During the 2008 calendar year the organization incurred lobbying costs as part of its operating expenditures.

In accordance with IRS guidelines, the Lodge is required to furnish to each dues paying member the portion of Lodge expenditures during the previous year which was represented as lobbying costs, since this amount would not be considered tax deductible.

The lobbying costs represented about 2.15% of the total expenditures of the Lodge.

Take this article to your taxman when you have your taxes done.

Recording Secretary's Report, *By Sidney Davis*

FOP Contract Proposals
 Contract proposals have been posted on the FOP website since July 2007. The City's proposals are also listed. I'm mentioning this again due to the fact that, as I travel from District to District, Area 1 through Area 5 and smaller units, the same question is asked, "What is FOP asking for?" Amazingly I find that Lodge members are not read-

ing this newsletter, coming to General Meetings, Board Meetings or accessing the FOP website.

Many answers can be found on the website or by attending meetings and being involved. We still have members asking about issues that are over 3, 4 and even 5 years old. These same issues or questions should not be of importance at this time.

The Lodge is currently negotiating with the City for a new contract. The longer negotiations continue the better we may obtain enhanced benefits for our members.

2009 Fishing Tournament

By the time you read this article there will only be approximately 102 days before the 2009 FOP Fishing Tour-

namment. Start your engines; get ready to catch the big one, also to tell a few fish stories about the big one that got away. Mark your calendars for May 20th, DOG 6/7/1 – 65/66 – 92/93/94. Entry fees for 2009 have been increased by \$5.00 per man or \$10.00 per boat. It will cost \$80.00 per boat to enter the 2009 FOP Fishing Tournament. See you out there.

2009 Annual St. Patrick's Day Party

*Featuring The Music Of
 The Katie Sullivan Band*

Saturday, March 14, 2009

6:00 pm—11:00 pm



Fraternal Order of Police Hall

1412 W. Washington Blvd.
 Chicago, Illinois

\$20 Donation

Includes Harrington's Corned Beef
 Refreshments & Entertainment

For more information or to purchase tickets for the party, please contact the Gift Shop at 312-733-2344.

2009 National Police Officers Memorial

Chicago Police Social Event
All agencies welcome



Fado Irish Pub and Restaurant

May 14, 2009

808 7th Street NW
 7:00 p.m. to 10:00 p.m.

Heavy Hors D'oeuvres and Open Bar
 Due to the overwhelming response and attendance last year, tickets **will not be sold at the door.** We must have a headcount by April 10, 2009 in order to have a big enough space.

\$65.00/person

For tickets contact P.O. MariKay O'Brien, 773-677-4397 or Det.

Address Change Form, Effective Date: _____

Name: _____ Star Number: _____
 (Last, First, MI)

New Address: _____ City/State: _____ Zip: _____

Home Telephone: _____ Cell Phone: _____

Return Form To The FOP – Unit 541 or 1412 W. Washington Blvd., Chicago Illinois 60607, Attn: Doreen

Treasurer's Report, *By John Capparelli*

The following numbers have been taken from the audited Legal Defense Fund financial reports dated December 31, 2007 and 2006 by the CPA firm, Frank L. Sasseti & Co. The actual audited report includes footnotes and disclosures not presented here. These footnotes and disclosures could influence the reader's view of the financial position of the Lodge. To view the Financial Statement in its entirety, any active member may contact my office, 312-733-7776 and schedule an appointment for a viewing.

Fraternal Order of Police, Chicago Lodge No. 7—Legal Defense Fund Financial Statements Years Ended December 31, 2007 & 2006

We have audited the financial statements of FRATERNAL ORDER OF POLICE, CHICAGO LODGE NO. 7— LEGAL DEFENSE FUND for the years ended December 31, 2007 and 2006, and have issued this report. These financial statements are the responsibility of the Organization's management. Our responsibility is to express an opinion on these financial statements based on our audits.

We conducted our audits in accordance with auditing standards generally accepted in the United States. Those standards require that we plan and perform the audit to obtain reasonable assurance about whether the financial statements are free of material misstatement. An audit includes examining, on a test basis, evidence supporting the amounts and disclosures in the financial statements. An audit also includes assessing the accounting principles used and significant estimates made by management, as well as evaluating the overall financial statement presentation. We believe that our audits provide a reasonable basis for our opinion.

In our opinion, the financial statements referred to above present fairly, in all material respects, the financial position of FRATERNAL ORDER OF POLICE, CHICAGO LODGE NO. 7—LEGAL DEFENSE FUND as of December 31, 2007 and 2006, and the changes in its net assets and its cash flows for the years then ended, in conformity with accounting principles generally accepted in the United States.

Frank L. Sasseti

FRATERNAL ORDER OF POLICE, CHICAGO LODGE 7 LEGAL DEFENSE FUND STATEMENT OF ACTIVITIES YEARS ENDED DECEMBER 31, 2007 AND 2006

REVENUE AND OTHER SUPPORT:

	2007 Temporarily Restricted	2006 Temporarily Restricted
Active membership dues	\$280,009	\$277,874
Interest income	\$211,061	\$171,408
Net realized and unrealized gains	\$43,007	\$10,152
Investment Fees	(\$300)	
Total revenues and other support	\$533,777	\$459,434

EXPENSES:

	2007	2006
Total Expenses	\$—	\$—
Change in net assets	\$533,777	\$459,434

NET ASSETS, TEMPORARILY RESTRICTED:

	2007	2006
Beginning of year	\$4,602,507	\$4,143,073
End of year	\$5,136,284	\$4,602,507

Annual Pre-ACT Exam Offered At The F.O.P. Hall

The best preparation for the ACT Exam is a solid academic high school curriculum. However, in our competitive academic environment, students must also have test "SMARTS." Statistics have shown that the students who have had preparation in testing strategies, practice testing, test format and test instructions, substantially outperform others. The COLLEGE VISIONS STRICTLY STRATEGIES workshop that will be offered at the F.O.P. Hall focuses on these important test strategies and techniques.

By mandate of the State of Illinois Department of Education, all public and private high school juniors will be required to sit for the ACT Exam this April. By attending this workshop and taking a practice ACT Exam, your child will have a week or two to become more prepared in certain areas where they may not have tested as well as they would have liked, prior to the ACT being offered at their particular school. In an effort to prepare the children of "F.O.P., LODGE #7" members for this very important exam, the F.O.P. has invited

COLLEGE VISIONS to conduct their workshop for the daughters and sons of F.O.P. members. This workshop will be offered on Sunday, March 29, 2009 from 1300 - 1600 hours and will be held at the F.O.P. Hall, 1412 W. Washington Blvd. This program usually costs \$50.00 or more. The cost for the children of the F.O.P. will only be \$25.00 per child.

The presenters of this program are knowledgeable and experienced educators. They have prepared thousands of students in the Chicago area to be "test smart." The Lodge

encourages you to involve your child in this program. If your child only picks up one or two items that assist him/her in taking the ACT Exam, it is to his/her advantage.

There is limited space available at the F.O.P. Hall, so please complete the application and send it, along with a check or money order for \$25 made payable to College Visions, by Friday, March 20, 2009.

Ensure that your child has a seat at this important educational event that might very well effect his or her future.

College Visions, ACT WORKSHOP, Strictly Strategies

Session Time:
Sunday, March 29, 2009
1:00 pm – 4:00 pm

Location:
Fraternal Order of Police, Lodge No. 7
1412 W. Washington Blvd., Chicago, IL 60607

Registration Fee:
\$25.00

Please return this registration form and your fee (cash or check payable to **College Visions) to Kathy Moore at F.O.P. Lodge No. 7, by Friday, March 20, 2009**

Name: _____

Address: _____ /City _____ /State _____ /ZIP _____

Phone: _____ /Year In School: _____ /Cash: _____ /Check: _____

DUI Changes, By Rich Aguilar, Trustee, Field Rep.

Our members should be aware of the new changes regarding DUI that became effective January 1, 2009, as they could have serious consequences on their employment with the Department. One of the prerequisites of employment with the Department is a valid Illinois Drivers License. Simply put, without one you will not be afforded the opportunity to work regardless of whether your job duties require you to operate a motor vehicle or not.

Prior DUI laws allowed drivers to petition the court

for a Judicial Drivers Permit which allowed them to drive to work, at work, and home from work. The JDP is no longer an option. It has been replaced by the Monitoring Device Driving Permit. This new MDDP requires a driver to install a Breath Alcohol Ignition Interlock Device or BAIID on their vehicle or any vehicle that they will be driving. The installation fee for the BAIID is approximately \$100 with monthly rental and monitoring fees of approximately \$110. A driver would be guilty of a Class 4 felony if found to be

driving without the device.

While the MDDP may be a viable option for officers traveling to and from work, what does the officer do while at work? The bottom line is this. You are unduly jeopardizing your employment with the Department by drinking and driving. Establish a designated driver when you know you will be drinking. Use taxis or public transportation if a designated driver is not available. Finally, friends don't let friends drive drunk. Take care of your fellow officers and

maybe one day they will return the favor to you. Keep your job and more importantly; Stay alive!

For complete information on the new DUI laws please visit the Secretary of State website at <http://www.cyberdriveillinois.com/publications/dui/message.html> And/or visit website: www.cyberdriveillinois.com/departments/BAIID/home.html

Financial Secretary's Report, *By Tim Fallon*

The Lodge has filed two class action grievances on behalf of the membership. One grievance involves Evidence Technicians and Detectives being assigned to the Evidence Response Team. The other grievance involves the Independent Police Review Authority, and the vague language now being used to word allegations against officers.

Evidence Response Team Grievance (E.R.T.)

On November 21, 2008 the Department posted a notice for volunteers to the Evidence Response Team. The Evidence Response Team is a group of officers that are called out to process major crime scenes. Specifically the notice stated: "The Chicago Police Forensic Services Section will be presenting an Evidence Response Team training class in conjunction with the Chicago office of the F.B.I. The training is tentatively scheduled to begin 26 Jan 2009. The E.R.T. concept introduces participants to a team approach that may be used to process major crime scenes."

"Classes will be conducted at both the F.B.I. Roosevelt Road Facility in Chicago, and the C.P.D. Education and Training Division. Participants must be available for the entire 2 weeks of instruction. If you have a scheduled trial date which cannot be postponed you will not be able to participate. Interested Evidence Technicians may submit a To/From to the undersigned. Include a brief resume listing all forensic training or education that you have participated in, and any professional forensic association that you are a member of.

Include dates of attendance, location, and sponsoring agency. This is a rare opportunity to increase your skill set and receive hands on training with state of the art equipment. All interested Evidence Technicians should submit their request no later than 15 Dec 08."

It is abundantly clear from this notice that the Department places a great deal of value on the E.R.T. program. Not only will officers be able to work overtime (being called out), but that overtime is paid at the Forensic Investigators rate of pay. So officers called out to process a major crime scene are earning overtime at sergeant's pay. Officers assigned to the E.R.T. will also have the additional forensic training. This additional training may give them an edge in the promotional exam for Forensic Investigator. Putting the E.R.T. on an officer's resume could also help in meritorious promotions. No wonder the Department places a great deal of value on the E.R.T.

The complaint the Lodge has with the E.R.T. is we have no idea how the officers chosen for E.R.T. were selected. All of the officers that volunteered submitted resumes. There was no written test, or oral exam. The resumes we have seen from the officers that were not selected were very impressive. Besides work experience, the officers that were not selected had additional training and degrees from Northwestern University, Eastern Illinois University, St. Xavier University, and Benedictine University. They have also received training at both State and Federal Agencies.

We agree with the Department that the E.R.T. program

is a valuable asset. However the selection process the Department is using is arbitrary and capricious. In order for the E.R.T. to be a valuable asset to the Department the selection process should be transparent. There should be a test conducted and a list posted showing all the grades. Without a transparent testing process the E.R.T. can only be viewed as another clout tool used by the Department for meritorious promotions.

I.P.R.A. Grievance

A short time ago the Lodge learned that I.P.R.A. had changed their practice when it comes to advising officers of the allegations made against them. In the past an officer would receive a specific allegation, such as handcuffed too tight, kicked a prisoner, or punched a prisoner in the face. The allegations officers are now receiving are worded in much broader terms such as, the officers physically mistreated the prisoner. We feel that using vague language in allegations when you have specific allegations is improper. If someone calls I.P.R.A. to file a complaint against an officer, and makes a specific allegation, that should be the

allegation the officer should receive. Asking an officer to answer to such a vague allegation as you physically mistreated someone smells like a witch hunt. Furthermore we cannot see how this helps I.P.R.A. do a fair and impartial investigation.

The Lodge met with I.P.R.A. to discuss this issue. In the meeting we pointed out that there is a 30 year past practice of officers receiving specific allegations. Additionally the form you receive the allegations on states the allegations will be specific, just as it does in General Order 93-3. We also pointed out that arbitrators have ruled that when the Department or in the past O.P.S. did not follow the dictates of 93-3, the discipline assigned to an officer was thrown out. We were unable to reach an agreement with I.P.R.A. regarding this new practice of using vague language in allegations.

The Lodge has filed a class action grievance on this matter, and will be seeking an arbitration date as soon as possible. We hope this dispute can be resolved before any officer is harmed by the new policy.

FOP Vest Safety Day

Are you looking to replace your safety vest? Do you just want to see the latest advances in soft body armor? Representatives from the major soft body armor companies will display the most current models of their products.

Wednesday, February 25, 2009

0900—1700 hours

FOP Hall

1412 W. Washington Blvd.
Chicago, Illinois



Questions? Please contact Frank DiMaria, 312-733-7776

A Blessing In Disguise, *Compliments of Rabbi Moshe Wolf*

A young man was getting ready to graduate from college. For many months he had admired a beautiful sports car in a dealer's showroom and, knowing his father could well afford it, he told him that was all he wanted. As Graduation Day approached, the young man awaited signs that his father had purchased the car. Finally, on the morning of his graduation, his father called him into his private study. His father told him how proud he was to have such a fine son, and told him how much he loved him. He handed his son a beautifully wrapped gift box. Curious, but somewhat disappointed, the young man opened the box and found a lovely, leather-bound Bible, with the young man's name embossed in gold. Angry, he raised his voice to his father and said, "With all your money, you give me a Bible?" and stormed out of the house, leaving the Bible.

Many years passed and the young man was very successful in business. He had a beautiful home and wonderful family, but realized his father was very old, and thought perhaps he should go to him. He had not seen him since that graduation day. Before he could make arrangements, he received a telegram telling him his father had passed away, and willed all of his possessions to his son. He needed to come home immediately and take care of things.

When he arrived at his father's house, sudden sadness and regret filled his heart. He began to search through his father's important papers and saw the still new Bible, just as he had left it years ago. With tears he opened the Bible and began to turn the pages. And as he did, a car key dropped from the back of the Bible. It had a tag with the dealer's name, the same dealer who had the

sports car he had desired. On the tag was the date of his graduation, and the words PAID IN FULL.

How many times do we miss G-d's blessings and answers to our prayers because they do not arrive wrapped exactly as we expected? (More about this subject next month.)

Some Points To Ponder

* Life is simpler when you plow around the stump. * Words that soak into your ears are whispered, not yelled. * Forgive your enemies; it messes up their heads. * Do not corner something that you know is meaner than you. * It doesn't take a very big person to carry a grudge. * You cannot unsay a cruel word. * Every path has a few puddles. * The best sermons are lived, not preached. * Don't judge folks by their relatives. * Remember that silence is sometimes the best answer. * Live a good, honorable life. Then when you get older and think back, you'll enjoy it a second time. * Don't interfere

with somethin' that ain't botherin' you none. * If you find yourself in a hole, the first thing to do is stop digging. * In life, sometimes you get, and sometimes you get got, that's just the way it is. * The biggest challenge you'll probably ever have to deal with, watches you from the mirror every morning (and I don't mean your spouse). * Good judgment comes from experience, and a lot of experience that comes from bad judgment. * Lettin' the cat outta the bag is a whole lot easier than puttin' it back in. * Live simply. Love generously. Care deeply. Speak kindly. Leave the rest to G~d.

May G-d bless and keep you safe. Amen

Compliments of Police Chaplain, Rabbi Moshe Wolf, 773-463-4780
moshewolf@hotmail.com

Pension Board News, *By Mike Shields, Pension Board Trustee*

Pension Portability

Senate Bill 2520 is currently sitting on Governor Rod Blagojevich's desk awaiting his signature. Without his approval, it may become law as soon as February 19. The pension fund has its actuaries, Gabriel, Roeder, Smith & Company, working on a system to determine the cost to officers of purchasing years of service in six month increments. The Senate Bill is worded so that there will be no financial impact on the City or the pension fund. The officer will be required to pay his contributions in addition to the City's contribution, plus a portion of the unfunded liability. So as you can imagine, the cost of purchasing these years of service will be substantial.

Officers who take advan-

tage of this will be paying today's price of the future value of what it costs to accelerate retirement by the amount of years they have purchased. Estimates will not be available from the pension fund until after this law has passed. Once the law is passed, current and active officers have one year to apply and five years to pay. All officers are encouraged to consult an independent financial advisor prior to establishing a payment schedule. If you have the money now, discuss with an independent financial advisor the benefits of paying now versus a prolonged payment schedule.

Politics vs. Performance

The Chairman and CEO of Ariel Capital Management is John Rogers. Its president is Mellody Hobson. Both

Hobson and Rogers are big financial contributors to Mayor Daley's campaign fund. Two days after the Presidential inauguration, Ariel Capital Management sent Mellody Hobson to give a presentation to the Board of Trustees and explain their poor investment performance. Ariel was given \$50 million of your pension dollars in 2005. In the past year, our investment with Ariel lost 46.44% of its value. It is now valued at \$29.75 million.

Ariel models itself as the "Tortoise" of investors. During the presentation Ms. Hobson compared John Rogers to Warren Buffet at least three times! Ariel is quite possibly the worst performer in our fund. They are approximately 15 points below the Russell 2500 Value benchmark.

Given their recent perform-

ance, I made a motion to terminate Ariel Capital Management as an investment manager. This motion was seconded by Trustee Lazzaro. Unfortunately, the motion was defeated. The vote was 2-4.

You know, the Chicago Park District's pension fund recently terminated its relationship with Ariel. Why couldn't we? Are we rewarding poor performance or does political affiliation rule the roost? I was elected by policemen with a promise to guard your money. I will not fall short, but I see now that it will be a long uphill battle.

Questions regarding this article should be directed to Mike Shields of the Pension Board at 312-744-3891.

Disability Report & Veterans' Corner, *By Carlos 'Sal' Saladino*

Disability Report

The best of health from the Disability Committee. We are available for calls at the FOP office Monday through Friday. Click on the Disability Page link on the FOP web site, www.chicagofop.org, for beneficial information. Feel free to email me at csaladino@chicagofop.org.

December Special Pension Meeting – Advocates present: Det Mark Howe and myself. Newly elected Trustee PO Mike Shields was in attendance for his first board meeting. One elected and one appointed Trustee not present. Disability Claims: Duty – 3 granted at 75%, 1 granted at 50%, 1 continued, and 1 Permanent and Total continued.

Medical Role Exhausting 365 days – Officers, if your injury/illness will not permit you to come back to work before you use up your 365 days, you must start preparing yourself for Disability. A letter will be sent to you from the FOP when you reach the 250th day. If you feel that your condition will go beyond the 365 days contact the committee to know what the process will be for going on Disability. The committee knows that this is a trying time for you and your family, but you must protect yourself so that you won't go into a no-pay status for a long period of time. So please make a decision as soon as possible.

Health Insurance Premiums - The Chicago Police Memorial Foundation's Executive Board has approved the payment of health insurance premiums for officers on ordinary disability who are termi-

nally ill. If you have any questions on this program please call the Memorial Foundation at 312.499.8899.

Veteran's Corner

Our thoughts and prayers go to the CPD members who are actively serving our country in the military.

New GI Bill – Post-9/11 GI Bill benefits are payable for training pursued on or after Aug 1, 2009. Veterans must have served an aggregate of 90 days of active duty service after Sept 10, 2001 and have an honorable discharge. See www.gibill.va.gov for complete eligibility requirements or call 1-888-GI-Bill-1 (1-888-442-4551).

Veterans who meet the Post-9/11 GI Bill eligibility requirements who are also eligible for the Montgomery GI Bill-Active Duty (MGIB-AD), the Montgomery GI Bill-Selected Reserve (MGIB-SR) or the Reserve Educational Assistance Program (REAP) as of Aug 1, 2009, may elect to transfer to the Post-9/11 GI Bill.

The program offers 36 months of benefits. However, veterans who have received benefits under other educational assistance programs VA administers will receive less. Veterans who are eligible for more than one benefit program are limited to receiving a total of 48 months of benefits. In addition, the law provides that veterans who transfer from the MGIB-AD program to the Post-9/11 GI Bill may only transfer the number of MGIB-AD they have remaining.

OEF/OIF Combat Veterans - The Jesse Brown VA Medical Center cordially invites you to attend a focus group on February 11, 2009 at 1:00 pm at Jesse Brown VA Medical Center, 820 S. Damen Ave., Chicago, IL in Multi-Conference Room C (Damen St. Building) with other OEF/OIF service members. A senior Veterans Health Administration (VHA) leadership staff member and Veterans Benefits Administration (VBA) Airborne Sal benefits expert will be present

to give and answer any health care and health benefits related questions. If interested in attending, please RSVP to Eric Proescher 312.569.7255 or Eric.Proescher2@va.gov.

*"The only man who never makes a mistake is the man who never does anything."
~ Theodore Roosevelt ~*

Airborne Sal

COUPLES' WORKSHOP

Looking for ten couples with good relationships interested in solutions to challenges that threaten police families and personal relationships.

Police Couples' Workshop

This workshop helps officers and their families understand and overcome the unique struggles and temptations that lay at the root of the high rate of personal tragedies, (i.e. burnout, alcoholism, divorce, suicide). It is based on the video training tape and book *Emotional Survival*, By Dr. Kevin Gilmartin, Ph.D.

Timothy J. O'Conner Training Academy

1300 W. Jackson Blvd
Chicago, Illinois

Saturday, 21 February 2009

0745—1500 hours

You will receive a FREE continental breakfast and lunch. The Police Couples Workshop is brought to you courtesy of the CPD Training Academy, The Chaplains Section, The EAP and The FOP, Chicago Lodge 7.

For more information please contact either Chaplain Tori Wilson at 312-746-8458, or Training Officer Tom Cline at 312-746-8310, ext 164.

This workshop is not counseling, therapy or group sharing. It is for couples wishing to improve a good relationship.

Fitness For... "Our Finest", By Coach Joe Cullen

Affordable Exercising At Home

Cold enough out there, officers!? It's the time of the year in Chicago, when many are hibernating at home. So let's take advantage of that, and talk about exercising at home. I always receive a number of requests to talk about this subject, especially due to the economy and weather.

Exercising at home can be very affordable & convenient, since you don't have to travel to a health club and pay fees. It's also beneficial if you can't leave the house due to other responsibilities. Also, some folks just feel more comfortable exercising in the privacy of their home. The following information can also apply when exercising at police stations.

Equipment – You don't

have to invest thousands of dollars in equipment for the home. For \$200.00 to \$400.00, you can purchase all the necessary items. Arrange space in your basement, garage or just a 6'x 6' section of any room. Here are some of the practical items: 1) Dumbbells. Men - set of 8 pound, 10, 15, 20 and 25 pounds; Women: 3 lb, 5, 8, and 10, 2) Thick Exercise floor mat, 3) Exercise Ball (65 cm), 4) Adjustable Bench (optional), 5) Exercise Bands (Yellow & Green), 5) Polar Wrist Watch, which will keep track of the calories you burn all day and your exercise Heart Rate, 7) Exercise Videos or Music, or just watch TV/IPOD. Equipment can be purchased at any sports store or on the internet. Shop around for a good price.

Weight Lifting - There are 12 Major Muscle Groups you

should exercise for an effective "total body" workout: Calves, Thighs, Hamstrings, Hips/Butt, Lower Back, Stomach, Chest, Upper Back, Shoulder, Biceps, and Triceps. Your biggest muscles groups burn the most calories, which are the Thighs (Quads) and Glutes (Butt). These will aid you the most in your standing, walking, balancing and running. So, focus on these more.

The number of repetitions should be 15 - 18, & each rep. should take 4 - 6 seconds (not 2 seconds like many do incorrectly). The number of sets you want to aim for over time is 3 sets of an exercise, and please rest 30 to 45 seconds between sets. How much weight should you be lifting both men and women? That's easy, your muscle should start burning (muscle fatigue) around the last 3 - 4 reps. If,

you don't feel a burn, the weight is too light, if the burn occurs too early, then the weight is too heavy. Pay attention to the "burn" rather than how much weight you are lifting, and this also prepares you to exercise anywhere on any equipment.

** TIP OF THE MONTH**

Try inviting a couple of fellow officers, family or neighbors to form an exercise group which can be more fun, and motivational. You can also share in the cost of equipment.

Thank you, all. If you have any questions or suggested topics, feel free to call or write me, Coach Joe. Cell # is 312-972-2828 or (office) 773-857-7027.

Deceased Brothers & Sisters

Mary Ann Sabella, Age 70

Robert S. Leato, Age 77

Ronald F. Bartman, Sr., Age 61

Julius F. Miller, Age 70

John Kramer, Age 86

Jack Cullotta, Age 84

Medard J. Giersch, Age 87

Ralph V. Conone, Jr., Age 72

Frank P. Zingarelli, Age 72

Donald J. Mills, Age 71

Richard W. Glenke, Age 64

The Chicago Police Association of Nevada Proudly Announces....

The Return of
The Annual Law Enforcement Reunion!

June 7th through June 10th, 2009

The Orleans Hotel & Casino
Las Vegas, Nevada

Reception, Golf Outing, Shows,
Dinner Dance and More



To make reservations please call the Orleans at 800-675-3267. Please identify yourself as being with the Chicago Police Association of Nevada or use group code 9CPACo6.

Please visit the website at www.cpaon.org



Store Hours:

Mon-Thurs, 9:00 – 5:00
Friday, 9:00 – 4:00
Saturday, 9:00 – 1:00

Store Closed:

February 12th
February 16th
March 2nd

Direct Line:

312-733-2344

**Let's See...President' Day... Lincoln's Birthday... Pulaski Day...
Daylight Savings Time... And Valentines Day.....
There Are Plenty of Reasons To Have A Huge February Sale!**

Gold Sale...**10% OFF**...February 1st—9th only....
all star pendants and rings in time for Valentine's Day!

Ladies combo—Gray Tee Shirt with Black & Pink cap with
artistic PD Design...**25% OFF...now only \$11.96 each!**

Men's canvas (Carhart style) Jacket in tan...medium to 2XL
Was \$38.95...**25% OFF...now only \$29.21 each!**

Polos—Gray with Black Trim and Black or White CPD initials
30% OFF...now only \$13.96 each!

CPD/FOP Star Key Chains
PO, Detective, Sergeant
Was \$7.00...**30% OFF...now only \$4.90 each!**

Lapel Pins
Crossed Flag, Pewter CPD Star & Ethnic Design
Was \$3.50...**now only \$2.50 each!**

Tee Shirt of the Month...Chicago PD Red Circle Design long sleeve black tee.
30% OFF—sizes medium to XL—**was \$13.95, now only \$10.46!**

Round Mouse Pad with CPD Star
Was \$7.95...**now only \$6.00 each!**

CPD Star Watch—White Metal
Was \$24.95...**now only \$19.95 each!**

Back In Stock!

Thermal Long Sleeve Shirts—White/Gray, Light Blue/Navy, Sand/Black and
Rust/Navy. These are great shirts and go fast! They are also the last of the
season! Medium—2XL...**now only \$15.95 each!**

Irish Ethnic Stars, Old and New Styles!
10% OFF, getting ready for St. Pat's Day!

Support The FOP Family Auxilliary
Police Charm Bracelet only **\$12.00 each!**

In Stock Operations Calendar, Flip Style, Magnetic, & New Mouse Pad Styles...
\$3.00 each or **FREE** With Any Purchase over \$30.00...while supplies last...

All Duty Gloves—Neoprene All Weather—**20% OFF**
With Spectra...Was \$24.95...**now only \$19.96 each!**
With Thinsulate...Was \$16.95...**now only \$13.56 each!**
With Hipora Barriers...Was \$19.95...**now only \$15.96 each!**

Shop Online at www.chicagofop.org and
click on the FOP Gift Shop tab.
Receive **10% OFF** your entire order of
\$50.00 or more for the entire
month of February!

New Irish / Police Apparel Is
Arriving At The Gift Shop
Everyday!

Nice, Fun Styles To
Choose From!

Stop In And Take A Look!



Official Publication of Chicago Lodge No. 7
 1412 West Washington Blvd. 60607-1821
 Phone: 312-733-7776
 Fax: 312-733-1367 Hotline: 312-733-2101
www.chicagofop.org

FIRST CLASS

PRESORTED
 FIRST-CLASS MAIL
 U.S. POSTAGE
PAID
 CHICAGO IL
 PERMIT NO. 6291

IS YOUR ADDRESS CORRECT?
 IF NOT, PLEASE CONTACT THE LODGE.



THE ED REINES MEMORIAL FISHING TOURNAMENT

Fraternal Order of Police, Lodge #7, will be holding its 15th Annual Ed Reines Memorial Fishing Tournament, at the Chain of Lakes, Wednesday, May 20, 2009. All members, active and retired, are invited to take part in this event. There will be a barbecue at the weigh-in with beer and soft drinks from 2 – 4 p.m.

THE BASIC RULES:

Starting time: 0500 hrs – with all boats in by 1430 hrs. All fish must be caught on the Chain of Lakes waters between the Wisconsin Border and McHenry Dam. Two fishermen per boat; one must be an FOP member.

NO PRO FISHERMEN PLEASE.

We'd like everyone to have a fun time. Complete rules and location of the weigh-in will be sent out to members making application for the Tournament.

Name: _____ Active: _____ Retired: _____

Address: _____

City: _____ State: _____ Zip: _____

Fishing Partner: _____ If youth, age _____

Make checks payable to F.O.P., Lodge 7
 Attn: Frank DiMaria
 1412 W. Washington Blvd., Chicago, IL 60607

**Include Fees of:
 \$40.00 Per Man
 or \$80.00 Per Boat**